

**SUGGESTED USE:** Mix each scoop (1 serving) of GHOST® GREENS with 8-10oz of water or beverage of choice. Vary amount of liquid to taste. Consume daily.

**GHOST® GREENS WAS CONCEIVED BECAUSE KALE YEAH\***

**WARNING: THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER.** Before using this product, consult a licensed, qualified healthcare professional if: you are taking any medications or other dietary supplement, or prescription drug; or if you have or have been treated for, diagnosed with or have a family history of, any medical condition. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product. Not for use by women that are pregnant, nursing, or trying to become pregnant.

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTLING MAY OCCUR.**



BioCore®, dE111®, is a trademark of Deerland Probiotics & Enzymes, Inc. Spectra™ is a trademark of VDF FutureCeuticals, Inc., used under license.

**MANUFACTURED IN THE U.S.A. IN A GMP COMPLIANT FACILITY**  
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

**MANUFACTURED FOR GHOST LLC**  
5651 S Edmond Street  
Las Vegas, NV 89118, U.S.A. 1-844-GHOST-88 (446-7888)

California Prop 65 Warning: This product may expose you to chemicals known to the State of California to cause cancer, birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



GHOST® & ONE TREE PLANTED HAVE TEAMED UP TO PLANT A TREE FOR EVERY TUB OF GHOST® GREENS SOLD. VISIT [GHOSTLIFESTYLE.COM/OTP](http://GHOSTLIFESTYLE.COM/OTP) FOR MORE INFO.

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# GHOST

**30 | GREENS**  
SERVINGS | **SUPERFOOD**  
DIETARY SUPPLEMENT | NET WT. 11.6oz (330g)

**APPLE CIDER**  
NATURALLY AND ARTIFICIALLY FLAVORED

## SUPPLEMENT FACTS

Serving Size: 1 Scoop (11 g)  
Servings Per Container: 30

	Amount Per Serving	%DV**
Calories	30	
Total Carbohydrate	7 g	3%
Dietary Fiber	3 g	11%
Total Sugars	1 g	†
Includes 0g Added Sugars		0%
Iron	1 mg	6%
<b>GHOST® FRUITS x VEGETABLES</b>	<b>6640 MG</b>	
Super Greens	4340 mg	†
Kale Powder (1390mg), Organic Matcha (500mg), Organic Wheat Grass (500mg), Organic Spirulina (500mg), Organic Cracked Cell Wall Chlorella (500mg), Organic Barley Grass (250mg), Organic Oat Grass (250mg), Organic Alfalfa Grass (250mg), Broccoli Powder (100mg), Organic Astragalus 10:1 (100mg)		
Antioxidant Reds	2200 mg	†
Açai Juice Powder (500mg), Pomegranate Juice Powder (500mg), Blueberry Juice Powder (350mg), Cranberry Powder (350mg), Jaboticaba Powder (100mg), Camu Camu Juice Powder (100mg), Aronia Fruit Powder (100mg), Organic Noni 5:1 (100mg), Organic Goji Berry Powder (100mg)		
Spectra™ Total ORAC Blend	100 mg	†
Coffea Arabica Extract, Green Tea Extract, Broccoli Sprout Concentrate, Onion Extract, Apple Extract, Quercetin, Tomato Concentrate, Broccoli Concentrate, Camu Camu Concentrate, Maltodextrin, Acerola Extract, Açai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Carrot Concentrate, Elderberry Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Raspberry Concentrate, Spinach Concentrate, Chokeberry Concentrate, Kale Concentrate, Blackberry Concentrate, Silicon Dioxide, Bilberry Extract, Brussels Sprout Concentrate		
<b>GHOST® GUT HEALTH</b>	<b>2225 MG</b>	
Inulin (Prebiotic from Chicory Root)	2000 mg	†
GHOST® Probiotic (providing 10 billion CFUs)	115 mg	†
<i>B. subtilis</i> DE111® (5 billion CFUs), <i>L. acidophilus</i> (2.5 billion CFUs), <i>S. boulardii</i> (250 million CFUs), <i>B. coagulans</i> (1 billion CFUs), <i>B. lactis</i> (1.25 billion CFUs)		
BioCore® Optimum Complete	110 mg	†
Amylase (from <i>A. oryzae</i> ) 3500 DU, Protease (from <i>A. oryzae</i> ) 21,000 HUT, Protease (from <i>A. oryzae</i> ) 4000 PC, Alpha-Galactosidase (from <i>A. niger</i> ) 150 GalU, Glucoamylase (from <i>A. niger</i> ) 9 AGU, Lactase (from <i>A. oryzae</i> ) 1000 ALU, Protease (from <i>A. niger</i> ) 50 SAPU, Invertase (from <i>S. cerevisiae</i> ), 400 SU, Lipase (from <i>C. rugosa</i> , <i>A. niger</i> and <i>R. oryzae</i> ) 500 FIP, Acid Maltase (from <i>R. oryzae</i> ) 14 MaltU, Peptidase (from <i>A. oryzae</i> ) 2 AP		

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural and Artificial Flavor, Malic Acid, Cinnamon Bark Powder, Organic Whole Leaf Stevia Extract, Monk Fruit