

Balance is strategically designed to support hormonal balance, weight management, complexion, and fertility. Enjoy restorative sleep, improved energy levels, and more.



CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE AT ROOM TEMPERATURE.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



BEAUTY INSIDE

Alani
S E L F

BALANCE
CAPSULES

BRIGHTER SKIN*
CLEAR COMPLEXION*
HORMONAL BALANCE*

DIETARY SUPPLEMENT
30 DAY SUPPLY
120 VEGGIE CAPSULES

SUGGESTED USE: As a dietary supplement, take 4 capsules once a day with a morning meal.

Supplement Facts

Serving Size: 4 Veggie Capsules
Servings per Container: 30

	Amount Per Serving	%DV
Folate (as 5-Methyltetrahydrofolate Calcium)	400 mcg DFE	100%
Chromium (as TRAACS® Nicotinate Glycinate Chelate)	120 mcg	343%
Myo-Inositol	2 g	†
Setria® L-Glutathione (Reduced)	250 mg	†
3,3'-Diindolylmethane (DIM)	150 mg	†
Sodium R-Alpha Lipoic Acid (ALA)	100 mg	†

*Percent Daily Values are based on a 2000 calorie diet.
† Daily Value (DV) Not Established

Other Ingredients: Hypromellose (Veggie Capsule), Silica, Vitamin C (as Ascorbyl Palmitate), Titanium Dioxide.

ALLERGEN WARNING: This product is manufactured in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and shellfish.



Manufactured for: Alani Nutrition LLC
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alaninu.com