

# Barebells

FUNCTIONAL FOODS™

## PROTEIN BAR COOKIES & CREAM

20 grams OF PROTEIN

NO ADDED SUGAR

SEE NUTRITION INFORMATION FOR SUGAR, CALORIE AND SATURATED FAT CONTENT. ARTIFICIAL AND NATURAL FLAVORING. NOT A LOW OR REDUCED CALORIE FOOD.

**INGREDIENTS:** PROTEIN BLEND (CALCIUM CASEINATE, WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE), GLYCEROL, MALTITOL, COLLAGEN, POLYDEXTROSE, SOY CRISP (SOY PROTEIN ISOLATE, COCOA (PROCESSED WITH ALKALI), TAPIOCA STARCH), COCOA BUTTER, MILK POWDER, WATER, SUNFLOWER OIL, UNSWEETENED CHOCOLATE, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, SUCRALOSE.

EXCESSIVE CONSUMPTION MAY CAUSE A LAXATIVE EFFECT (DUE TO MALTITOL).

**CONTAINS: MILK, SOY.**

**MAY CONTAIN: EGGS, WHEAT, GLUTEN, PEANUTS AND TREE NUTS.**

## Nutrition Facts

12 servings per container  
**Serving size 1 bar (55g)**

Amount per serving

**Calories 190**

% Daily Value\*

<b>Total Fat</b> 7 g	<b>9%</b>
Saturated Fat 3,5 g	<b>18%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 10 mg	<b>3%</b>
<b>Sodium</b> 65 mg	<b>3%</b>
<b>Total Carbohydrate</b> 20 g	<b>7%</b>
Dietary Fiber 3 g	<b>11%</b>
Total Sugars 1 g	
Includes 0 g Added Sugars	<b>0%</b>
Sugar Alcohols 14 g	
<b>Protein</b> 20 g	<b>40%</b>

Not a significant source of Vitamin D, Calcium, Iron and Potassium.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Manufactured for Barebells Functional Foods LLC | 1633 Electric Ave, Unit A | Venice, CA 90291

