

## Chapter Six: Gummies for GrownUps™

An advanced chapter in a lifelong commitment to good nutrition.

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## Chapter Six™

by Zahler

# 10 MG Melatonin

### Flavored Gummies

## 60 Gummies

Dietary Supplement

**Directions:** Take one gummy at bedtime or as directed by a healthcare practitioner. Gummy should be chewed before swallowing.

### Supplement Facts

Serving Size: **1 Gummy**

Servings Per Container: **60**

Amount Per Serving		%DV*
Calories	10	
Total Carbohydrate	2 g	1%
Total Sugars	2 g	**
Includes 2 g Added Sugars		4%
Melatonin	10 mg	**

**Other Ingredients:** Glucose Syrup, Sugar, Water, Pectin, Citric Acid, Maltodextrin, Sodium Citrate, Natural Color, Coconut Oil, Natural Flavor, Carnauba Wax.

**Allergen:** Contains Tree Nuts (Coconut).

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