

INSTANT ENERGY  
**SHEESH**  
 Sway  
 FITNESS

**DIRECTIONS:** As a dietary supplement, mix contents of one (1) packet of SHEESH in 1-3 oz. of water and drink.

**WARNINGS:** Do not use if you are under the age of 18, pregnant or nursing, have any known or suspected medical conditions, are taking any prescription or over the counter medications, or sensitive to caffeine. Consult with a qualified healthcare professional before using this or any other dietary supplement. Contains 150mg of caffeine per serving. Do not use with any other caffeinated product. Too much caffeine may cause nervousness, irritability, sleeplessness and/or rapid heartbeat. Immediately discontinue use and consult your doctor if any adverse reactions occur. Discontinue two weeks prior to surgery. **KEEP OUT OF REACH OF CHILDREN.**

Store in a cool dry place. Protect from heat, light, and moisture. Do not purchase if seal is missing or broken.

### Supplement Facts

Serving Size: 1 Packet (2.2g)  
 Servings Per Container: 12

Amount per serving		% Daily Value
Total Carbohydrate	1 g	0%**
Vitamin C (as Ascorbic Acid)	100 mg	111%
Niacin (as Niacinamide)	18 mg	113%
Vitamin B6 (as Pyridoxine HCl)	1.8 mg	108%
Vitamin B12 (Methylcobalamin)	3 mcg	125%
Pantothenic Acid (as D-Calcium Pantothenate)	5.2 mg	104%
Sodium	35 mg	2%
Potassium (as Potassium Citrate)	30 mg	1%
Caffeine (from Microcapsulated Caffeine)	150 mg	†
L-Theanine	100 mg	†
Huperzine A	50 mcg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet  
 † Daily Value not established

**Other Ingredients:** Erythritol, Silicon Dioxide, Himalayan Pink Salt, Natural & Artificial Flavors, Sucralose, Tartaric Acid, Citric Acid, Vegetable Oil

DISTRIBUTED BY:

Sway Fitness, LLC 31300 Via Colinas Suite #103  
 Westlake Village, CA 91362 USA 1-800-557-7774

Made in the USA with domestic and international ingredients.



SEN1ZGC 82030 091621 V1.1

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Sway  
 FITNESS  
**SHEESH**  
 INSTANT ENERGY™  
**GRAPE**  
 NATURAL AND ARTIFICIAL FLAVORS

Sway  
 FITNESS  
**SHEESH**  
 INSTANT ENERGY™  
**GRAPE**  
 NATURAL AND ARTIFICIAL FLAVORS

Sway  
 FITNESS  
**SHEESH**  
 INSTANT ENERGY™  
**GRAPE**  
 NATURAL AND ARTIFICIAL FLAVORS

12 SERVINGS | DIETARY SUPPLEMENT  
 12 - 0.08 OZ (2.2 g) PACKETS NET WT: 0.93 OZ (26.4 g)

12 SERVINGS | DIETARY SUPPLEMENT  
 12 - 0.08 OZ (2.2 g) PACKETS NET WT: 0.93 OZ (26.4 g)

12 SERVINGS | DIETARY SUPPLEMENT  
 12 - 0.08 OZ (2.2 g) PACKETS NET WT: 0.93 OZ (26.4 g)



