We created Flow Greens to provide a supplement that truly improves the flow of your workout, the flow of your energy, and the flow of your life. Powered by alkalizing green vegetables, low-glycemic berries, and time-tested roots and extracts, we believe we've done just that.

DIRECTIONS: Once daily, mix 1-2 scoops with 8-12 oz of water, juice, or your favorite beverage. For optimal results, take Flow Greens with Flow Protein or Flow Collagen Plus.

KEEP OUT OF REACH OF CHILDREN AND PETS. Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have diagnosed medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Do not use if seal is damaged or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place (60°F to 80°F).

KEEP OUT OF REACH OF CHILDREN. TAMPER EVIDENT: Do not use if packaging has been tampered with or seal is broken.



POWDERED FRUITS & VEGGIES

LEMON GRASS







Supplement Facts

30 servings per container
Serving size: 1 scoop (approximately 6100mg)

Amount per serving

Calories

16

	%Daily Value		
Carbohydrates	4g	6%	
Dietary Fiber	3g	13%	
Sugars	<1g	<1%	
Total Fat	<1g		
Acacia (Acacia senegal) Fiber	2500 mg		
Green Balance® Alkalyzing Blend Alfalia Gass Mekaga satulo Plander Metagasa (filticum aedivum) Powder, Barley Grass (Plander) and Plander Powder, Lennon (Citrus Immon Juice Powder, Kale (Brassica Genoce acceptation Provider, Astrapasis, (Martigus propringuas) Powder, Spraidia (Arthropiza platterissis) Provider, Qast Grass (Avrena sativa L.) Powder, Chiercel Indication Plander (Arthropiza Platterissis) Provider, Qast Grass (Avrena sativa L.)	1250 mg	•	
Betta Berries® Acidem States reaces as Acadidatilly Powder, Alma Fest (Phyliaethus enthica) Peder (Septem Section as Acadidatilly) Powder, Alma Fest (Phyliaethus enthica) Peder (Septem) Ayriam batharem 1. Powder (Pomparante Punica organismus 1.) Jave Peder (Arenda Malabigal pates 1.) Powder (Managodam) (Garcinia managostana 1.) Powder, Straeberry Fragasinia westa). Jaice Pewder (Casterina managostana 1.) Powder, Straeberry Fragasinia westa). Jaice Pewder (Casterina managostana 1.) Powder, Straeberry (Assault siristensis as Managoffers) Berry Powder, Bolandari Castellandari Castellandari Arenda (Septem Septem Se	500 mg	•	
Sunflower (Heliathus annuus) Lecitin	250 mg		
Hawthorn (Crataegus monogyna) Berry Extract (Fruit)	200 mg		
Ashwagadha (Withania somnifera (Std. for 2.5% Withanolides)) (Root)	200 mg	•	
Reishi Mushroom (Ganoderma lucidum) Extract (Fruiting Body)	150 mg	•	





ALKALIZING

ANTIOXIDANT

Flow Supplements, LLC 715 Old Austin Hwy, Suite 250, Bastrop, Tx 78602 833.FLOW247 (833,356,9247)

FOLLOW US:

@FlowSupps

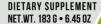






















NOTE1: THE CENTER PANEL 'FLOW' LOGO BADGE HAS BEEN ADJUSTED AND SANDPAPER VARNISH HAS BEEN ADDED AT THE CUSTOMER'S REQUEST. PLEASE CHECK ACCURACY OF ALL ELEMENTS.

MCDOWELL VARNISH PROOF Label and Screen Printing op. 4 / rev. 0 Screen	04/17/20 McDOWELL JOB#: 22 MCDL #: FFL000020						
COMPANY: Flow Supplements LABEL SIZE: 3.00" x 11.00"	PANTONE® Black SoftTouch Sandpaper Varnish © 2421 Dome Gloss Varnish	Die Line					
DESCRIPTION: Greens Labels PN: Greens Labels	FINISH: Full Gloss Varnish Pattern Va SUBSTRATE: Paper Film White						
IT IS YOUR RESPONSIBILITY TO VERIFY LABEL SIZE AND LAYOUT OF ALL ELEMENTS TO INSURE PROPER APPEARANCE OF LABEL. THE CUSTOMER HAS THE SOLE RESPONSIBILITY FOR TESTING AND DETERMINING THE SUITABILITY OF APPLICATION FOR CUSTOMER'S PRODUCT. Please verify SIZE, TYPESTYLE, POSITION, COLOR-BREAK, LAYOUT and BARCODE to prevent errors in production. WE ARE NOT RESPONSIBLE for punctuation errors, misspelled words, or placement errors if they pass your approval on this copy. You must sign the approval before we can proceed with your order. We appreciate the opportunity to serve you and thank you for your order.							
PROOFS TO COMPLETE THIS ORDER INCLUDE: Die Proof Match Proof Varnish Proof White Proof Foil Proof Dome Proof	Customer Approval Signature	Co-Packer Approval Signature					



NOTE1: THE CENTER PANEL 'FLOW' LOGO BADGE HAS BEEN ADJUSTED AND SANDPAPER VARNISH HAS BEEN ADDED AT THE CUSTOMER'S REQUEST. PLEASE CHECK ACCURACY OF ALL ELEMENTS.

	PROOF 04	/17/20		ELL JOB# : 22		HDU	SPECTRACOLOR
Label and Screen Printing op. 4 / rev. 0 COMPANY: Flow Supplements	Screen Print:			× □			
LABEL SIZE: 3.00" x 11.00" CORNER RADIUS: 0.125"	## NOILISOA AdOO PANTONE Cool Gray	PANTONE® Black 2 2421	SoftTouch Sandpaper Varnish	Dome Gloss Varnish			Die Line
DESCRIPTION: Greens Labels PN: Greens Labels			II Gloss Varnish □ Paper 🔀 Filn	_	rnish 🔲 NO \ Clear 🔲 (Laminate Illized
IT IS YOUR RESPONSIBILITY TO VERIFY LARESPONSIBILITY FOR TESTING AND DETECOLOR-BREAK, LAYOUT and BARCODE to ppass your approval on this copy. You must si	ERMINING THE SUITABILITY revent errors in production. N	OF APPLICATION WE ARE NOT RES	I FOR CUSTOME PONSIBLE for pun	R'S PRODUCT. Ictuation errors,	Please verify misspelled wor	SIZE, TYPES ds, or placen	TYLE, POSITION, nent errors if they
PROOFS TO COMPLETE THIS OF	RDER INCLUDE:						
	rnish Proof 🔀 ome Proof 🔀	Custom	er Approval Si	ignature	Co-Packer A	Approval S	ignature