



SUGGESTED USE: As a dietary supplement, take two (2) gummies per day. Chew thoroughly before swallowing.

Do not exceed suggested serving size. If you have a medical condition, are taking medication, or are pregnant or nursing, ask a doctor before using. Not for children under 2 years of age due to risk of choking.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose call a doctor or poison control center immediately.

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Do not use this product if safety seal under cap is torn or missing.
KEEP OUT OF REACH OF CHILDREN
Store at room temperature.
Avoid excessive heat.

Dist. by Lifeable,
Brooklyn, N.Y. 11204
1-855-889-6757
www.lifeable.com
Product of Poland
Packaged in the USA



PRENATAL MULTIVITAMIN GUMMIES

DIETARY SUPPLEMENT

PREGNANCY HEALTH*

60 count



VEGETARIAN



GLUTEN FREE



NUT FREE

BERRY
FLAVOR

Supplement Facts

Serving Size: 2 Gummies Servings Per Bottle: 30

Amount per serving	% Daily Value*
Calories 15	
Total Carbohydrates 4 g	<2%
Total Sugars 3 g	**
Includes 3 g added sugars	6%
Vitamin A (all trans retinyl acetate) 1200 mcg	92%
Vitamin C (as ascorbic acid) 60 mg	50%
Vitamin D3 (as cholecalciferol) 20 mcg (800 IU)	133%
Vitamin E (as DL-alpha tocopheryl acetate) 13.5 mg	74%
Niacin (as niacinamide) 20 mg	111%
Vitamin B6 (as pyridoxine HCl) 2.5 mg	125%
Folate 600 mcg DFE (360 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin) 5.8 mcg	200%
Biotin 70 mcg	200%
Iron (as ferrous fumarate) 1.3 mg	5%
Iodine (as potassium iodide) 58 mcg	20%
Zinc (as zinc citrate) 2 mg	15%
Sodium 5 mg	<1%

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Sugar, glucose syrup, water, sucrose syrup, citrus pectin, citric acid, trisodium citrate, natural flavors, black carrot concentrate (color).

Does not contain eggs, wheat (gluten), milk, peanuts, tree nuts, sesame, soy or shellfish. Processed in a nut free facility.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.