

## Nutrition Facts

Serving size  
1 bar (65g)

Calories  
per serving **285**

Amount Per Serving	% Daily Value*
<b>Total Fat</b> 11g	<b>14%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 115mg	<b>5%</b>
Vitamin D 0mg 0%	Calcium 103mg 10%

Amount Per Serving	% Daily Value*
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 18g	
Includes 16g Added Sugars	<b>32%</b>
<b>Protein</b> 20g	<b>35%</b>
Iron 1mg 6%	Potassium 239mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** PEANUT BUTTER (PEANUTS, SUGAR, CONTAINS 2% OR LESS OF: FULLY HYDROGENATED VEGETABLE OILS (COTTONSEED, SOYBEAN, RAPESEED), DEXTROSE, SALT, MOLASSES, MONOGLYCERIDES), WHEY PROTEIN ISOLATE, HONEY, MILK CHOCOLATE COATING (SUGAR, PALM KERNEL OIL, HYDROGENATED PALM OIL, NON-FAT DRY MILK, COCOA POWDER (PROCESSED WITH ALKALI), SOY LECTIN (AN EMULSIFIER), AND VANILLIN (AN ARTIFICIAL FLAVOR)), WHEY CRISPS (WHEY PROTEIN CONCENTRATE, RICE FLOUR, AND/OR CORN STARCH), BROWN RICE SYRUP, PEANUT BUTTER CANDY (SUGAR, PARTIALLY DEFATTED PEANUTS, HYDROGENATED VEGETABLE OIL (PALM KERNEL OIL, SOYBEAN OIL, CORN SYRUP SOLIDS, DEXTROSE, CONTAINS 2% OR LESS OF: PALM KERNEL OIL, CORN SYRUP, ARTIFICIAL COLOR (YELLOW 6 LAKE, YELLOW 5 LAKE, RED 40 LAKE, BLUE 1 LAKE), SOYBEAN OIL, CORN STARCH, SALT, CONFECTIONER'S GLAZE, LECITHIN (SOY), MODIFIED CORNSTARCH, CARUBBA WAX, VANILLIN, ARTIFICIAL FLAVOR, MILK), PRETZEL PIECES (UNBLEACHED ENRICHED WHEAT FLOUR, FLOUR, NIXON, REDUCED IRON, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), MALT, SALT, ORGANIC SOYBEAN OIL).

**ALLERGY WARNING:** CONTAINS PEANUTS, MILK, WHEAT AND SOY, MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS, SOY, MILK, WHEAT, TREE NUTS AND EGG.

DISTRIBUTED BY THE ANABAR, 5010 WRIGHT RD STE 200, STAFFORD, TX 77477

CONTAINS BIODENGERED FOOD INGREDIENTS.

STORE AT OR BELOW ROOM TEMPERATURE.

# ANABAR<sup>®</sup>

"THE PROTEIN-PACKED CANDY BAR"

NO SUGAR ALCOHOLS  REAL FOOD  AMAZINGLY DELICIOUS 

## MILK CHOCOLATE MONSTER COOKIE CRUNCH

NET WT: 2.29oz (65g)

**20G** PER SERVING  
**PROTEIN**



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