

DIRECTIONS: As a dietary supplement, mix contents of stick pack with 16 fl. oz. of cold water and shake vigorously. Consume after exercise or anytime you need to amplify your hydration.

Supplement Facts

Serving Size One Stick Pack (7.8 g)
Serving Per Container 20

Amount Per Serving	
% Daily Value	
5	
Total Carbohydrate	1%
Dietary Fiber	14%†
Total Sugars	0 g
Vitamin C (as Ascorbic Acid)	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	118%
Vitamin B-12 (as Methylcobalamin)	100%
Pantothenic Acid (as Calcium Pantothenate)	120%
Magnesium (as Magnesium Oxide)	6%
Zinc (as Zinc Gluconate)	18%
Chloride (as Sodium Chloride & Potassium Chloride)	28%
Sodium (as Sodium Chloride)	15%
Potassium (as Potassium Chloride)	3%

Indian Frankincense (<i>Boswellia serrata</i>) Gum Resin Extract	50 mg
<i>Bacillus subtilis</i> DCF11® (5 Billion CFUs)	15 mg*
PrePro™ Phage Complex	15 mg*
LH01 - <i>Myoviridae</i> Bacteriophage	*
LL5 - <i>Siphoviridae</i> Bacteriophage	*
L7D - <i>Myoviridae</i> Bacteriophage	*
LL12 - <i>Myoviridae</i> Bacteriophage	*

* Daily Value not established.
† Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Acacia Gum, Citric Acid, Malic Acid, Natural Flavors and Less than 2%: Rebaudioside M, Steviol Glycosides.

Distributed by: GMC Holdings, LLC, Pittsburgh, PA 15222 USA
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, Gluten Free.
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

GMC.com

GLUTEN
FREE



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Indian Frankincense as Dynagenix®, Dynagenix® (*Boswellia serrata* [gum resin] extract) is a registered trademark of PLT Health Solutions-Laha Nutraceuticals LLC.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. Product was tested and monitored for over 285 banned substances on the 2024 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP307.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNCX
INNOVATIONS™
Driven by your insights.
Developed by our experts.

MULTI-ACTION DIGESTIVE SUPPORT
Ready your microbiome with targeted ingredients such as dietary fiber and probiotics.



PERFORMANCE RECOVERY
Recover smarter with enhanced post-workout support starting Dynagenix® *Boswellia serrata* extract for faster recovery and reduced muscle soreness.



FUNCTIONAL HYDRATION
Replenish yourself with a spectrum of vitamins and essential electrolytes such as sodium, potassium, chloride and magnesium.



RECOVER DYNAMENIX®, MINERALS, ELECTROLYTES, VITAMINS

SMART REHYDRATION

READY PROBIOTICS, FIBER

