

**SUGGESTED USE:** With 6-8 oz. of juice or water take one (1) capsule 30 minutes prior to your morning meal, and 1 capsule 30 minutes prior to your afternoon meal. Caffeine content is approx. 160 mg per capsule. *To be used as part of a healthy lifestyle consisting of regular physical activity and a proper diet.*

**WARNING: KEEP OUT OF REACH OF CHILDREN.** For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended serving. Do not use if you are pregnant or nursing. Do not use if allergic or contraindicated to aspirin. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing caffeine. Consult with your physician prior to use if you are taking medication, including but not limited to MAO inhibitors, antidepressants, aspirin, blood thinning medications, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache, shortness of breath, or upset stomach. Do not use if tamper resistant seal is broken. **STORE IN A COOL DRY PLACE. AVOID EXCESSIVE HEAT.**

**CALIFORNIA RESIDENTS | WARNING:** Cancer and Reproductive Harm – [www.P65Warnings.ca.gov/Food](http://www.P65Warnings.ca.gov/Food)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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**NDS**  
NUTRITION™

# INTENSIFY® BLACK

## MEDIUM STIM THERMO™

SUPPORTS: METABOLISM\* • ENERGY & FOCUS\*

90 CAPSULES • DIETARY SUPPLEMENT

## SUPPLEMENT FACTS

Serving Size 2 Capsules  
Servings Per Container 45

	Amount Per Serving	%DV
Niacin	20 mg	125%
Vitamin B6 (as Pyridoxine Hydrochloride)	20 mg	1,176%
Vitamin B12 (as Methylcobalamin)	150 mcg	6,250%
Pantothenic Acid (Vitamin B5)	10 mg	200%

**Intensify® BLACK Proprietary Blend** 955 mg †

### Thermo | ENERGY Blend:

**Energy Complex:** Caffeine Anhydrous, Green Tea Extract (*Camellia sinensis*) (Leaf) 98% Polyphenols 45% EGCG, Guarana Extract (*Paullinia cupana*)(Seed) 22% Caffeine, Theobromine (*Theobroma cacao*), Natural Caffeine from Coffee Beans, Evodia Fruit Extract, *Bacopa monnieri* Leaf Extract; **Advanced Complex:** Advantra Z® Bitter Orange Fruit Extract (*Citrus aurantium*), zümXR® Extended Release Caffeine, Quercetin (QU995™), Ashwagandha Extract (Root)(KSM-66®); **C3G Lean Complex:** Blackberry (Berry) Extract (Std. to C3G Cyanidin-3-O-Glucosides), L- Carnitine L-Tartrate

### Quadra | LEAN Blend:

**Insul - LEAN Complex:** Alpha Lipoic Acid, Cinnamon Bark Extract, *Rhodiola rosea* Root; **Thyro - CUT Complex:** L-Tyrosine, L-Theanine, Gum Guggul (*Commiphora mukul*) Plant Extract, *Magnolia officinalis* Bark; **DEFINE Water Loss Complex:** Ginger (Root), Uva Ursi (Leaf), Buchu (*Agathosma betuline*)(Leaf), Dandelion Leaf; **ADRENAL - COGNITIVE Support Complex:** Holy Basil Leaf (*Ocimum sanctum*), Astragalus (Root), Choline Bitartrate, Licorice (Root), Huperzine A (Toothed Clubmoss)(200 mcg)

### Thermo | SORB Delivery Blend:

White Willow (Bark), Black Pepper (*Piper nigrum*) Fruit Extract (BioPerine®)

†Daily Value (DV) not established.

**Other Ingredients:** Gelatin (Bovine), Microcrystalline Cellulose, Vegetable Magnesium Stearate, Silicon Dioxide, Titanium Dioxide, FD&C Red 3, FD&C Yellow 6, FD&C Red 40, FD&C Blue 1. **Contains Milk. GLUTEN FREE.**

Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:  
FitLife Brands,® Inc. | 5214 South 136th Street | Omaha, NE 68137 | [NDSNutrition.com](http://NDSNutrition.com)



High Stim

Medium Stim

Low Stim

Stim Free

▲ (Per 1 Capsule)