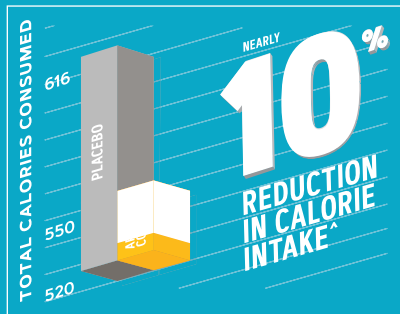


# An appetite for success.

You're committed to looking and feeling your best, but sometimes you need a little help. Appetrex Control™ provides clinically studied results you can count on:

- Shown to reduce calorie intake<sup>^\*</sup>
- Fuels energy & metabolism<sup>\*</sup>
- Enhances mental focus<sup>\*</sup>

Now that's something you can sink your teeth into!



For best results, combine with a diet and exercise plan, like the one at [www.totallean.com](http://www.totallean.com).

# GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on the go snacks

For your customized Total Lean® experience, visit [www.totallean.com](http://www.totallean.com).

<sup>^</sup> In a clinical study of 30 healthy adults (who took Appetrex Control™ one week followed by a placebo one week apart, or vice versa), calorie intake was reduced by nearly 10% when the subjects took Appetrex Control™ versus the placebo prior to their first meal at the start of their diet.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

**For More Information:**  
1-888-462-2548  
[GNC.com](http://GNC.com)  
Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

### OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

<sup>\*</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# GNC TOTAL LEAN®

# APPETREX CONTROL™

DIETARY SUPPLEMENT



Clinically shown to  
reduce calorie intake<sup>^\*</sup>  
Fuels energy & metabolism<sup>\*</sup>

60 TABLETS  
30-DAY SUPPLY

CODE 978221

FTG

**DIRECTIONS:** As a dietary supplement, take two tablets once daily with water 30 to 60 minutes before lunch or dinner. **Do not take near bedtime.**

## Supplement Facts

Serving Size Two Tablets  
Servings Per Container 30

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	1.5 mg	125%
Riboflavin (Vitamin B-2)	1.7 mg	131%
Niacin	20 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Calcium	141 mg	11%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	343%

Appetrex Herbal Blend † 522.5 mg \*

Black Tea Leaves Extract (*Camellia sinensis*)

Green Tea Leaves Extract (*Camellia sinensis*)

Coffee Bean Extract (*Coffea canephora*)

Yerba Mate Leaves Extract (*Ilex paraguariensis*) † 500 mg \*

Grape Skin and Seed Extract (*Vitis vinifera*) 210 mg \*

Chrysin 200 mg \*

Ginger Root Extract (*Zingiber officinale*) 200 mg \*

Grape Seed Extract (*Vitis vinifera*) 125 mg \*

Dill Weed Extract (*Anethum graveolens*)(Aerial Parts) 5 mg \*

\* Daily Value not established.

**OTHER INGREDIENTS:** Dicalcium Phosphate, Microcrystalline Cellulose, Maltodextrin, Croscarmellose Sodium, Crospovidone, Stearic Acid Vegetable Source, Hydroxypropyl Methylcellulose, Calcium Silicate, Magnesium Stearate Vegetable Source, Polyethylene Glycol, Polysorbate 80, Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin, Titanium Dioxide (Mineral Whitener).

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. This product contains EGCG from green tea.

† Contributes to a total of 180 mg of caffeine.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

No Preservatives, Sodium Free, No Wheat, Gluten Free, No Soy, No Dairy.



Please recycle this box.