

DIRECTIONS: As a delicious snack, enjoy once or twice daily in conjunction with a healthy weight management program.

Nutrition Facts

9 Servings Per Container

One Bar (44g)

Serving Size

One Bar (44g)

Amount Per Serving

190

% Daily Value*

Total Fat 9g	12%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 2g	
Cholesterol 10mg	3%
Sodium 190mg	8%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 16g	32%
Vitamin D 0mcg	0% • Calcium 60mg 4%
Iron 0mg	0% • Potassium 70mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Soy Protein Isolate, Whey Protein Concentrate, Glycerin, Maltitol, Gelatin, Whey Protein Isolate, Palm Kernel Oil, Palm Oil, Sorbitol, Water and less than 2%: Acetylated Monoglycerides, Almond, Baking Soda, Beta Carotene (Color), Cinnamon, Glucose Syrup, Maltodextrin, Mono & Diglycerides, Natural Flavor, Nutmeg (Myristica fragrans) Seed Powder, Peanut, Potassium Sorbate (Preservative), Propylene Glycol Mono Esters, Red Color (Palm Kernel Oil, Beet Powder [Color], Rice Bran Extract, Annatto [Color], Turmeric [Color]), Salt, Silicon Dioxide, Sodium Caseinate, Soy Lecithin, Soybean Oil, Sucralose, Sugar, Sunflower Lecithin, Sunflower Oil, Titanium Dioxide (Color), Tocopherols (Preservative), Vanilla Powder, Vitamin A Palmitate, Whey, White Chocolate Confectionery Coating (Sugar, Palm Kernel Oil, Palm Oil, Nonfat Milk Powder, Whole Milk Powder, Sunflower Lecithin, Vanilla Powder), Yellow Pigment (Cocoa Butter Oil, Riboflavin [Color], Rice Bran Extract).

CONTAINS: Milk, Soy, Almond and Peanut.

Manufactured in a plant that processes Milk, Soy, Wheat, Fish, Treenut, Peanut and Egg.

Distributed by:

GNC Holdings, LLC,
Pittsburgh, PA 15222 USA

Contains a bioengineered
food ingredient.

Store at 55° F-75° F.

Protect from heat,
light and moisture.

For More Information:

1-888-462-2548, GNC.com



PUMPKIN CHEESECAKE
Natural and Artificial Flavors

LIMITED EDITION

Layered LEAN BAR

Hunger-Satisfying, High-Protein Snack Bar

CALORIES
190

PROTEIN
16G

GLUTEN
FREE

9 BARS - 44 G (1.55 OZ.) • NET WT. 396 G (13.97 OZ.)

TOTAL LEAN
GNC