

MRE BAR™
 You
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 @REDCON1

INGREDIENTS: Protein Blend (Whey Protein Isolate, Salmon Protein, Chicken Protein, Egg Albumin, Brown Rice Protein, Pea Protein), Carbohydrate Blend (Dehydrated Yam, Dehydrated Sweet Potato, Pea Starch, Coconut Water Powder, Dehydrated Blueberries, Dehydrated GojiBerries, Malto-Dextrin, Dextrose, MCT Oil), Soy Protein Isolate, Maltitol, Palm Kernel Oil, Glycerin, Gluten Free Rolled Oats, Wiley Protein (from coating), Sorbitol, Water, Peanuts, Natural Flavor, Palm Oil, Bakery Precess (Sugar, Dextrose, Palm Oil, Corn Flour, Natural Flavor, Corn Starch, Fruit and Vegetable Extract (for color), Dried Blueberries), Brown Rice Flour, Chicory Root Fiber, Soybean Oil, Natural Flavors, Sucralose, Titanium Dioxide, Sunflower Lecithin, Vanilla Powder, Mono & Diglycerides, Wiley Potassium Sorbate, Soy Lecithin, Natural Flavor, Beta Carotene, Vitamin A Palmitate and Almond.

Contains: Milk, Soy, Tree Nuts (Almond, Coconut), Peanut, Egg and Fish (Salmon).

Manufactured in a plant that processes products containing Wheat, Milk, Soy, Tree Nuts, Peanuts, Egg and Fish.



MRE BAR™

Net Wt. 2.36 oz (67g)

MEAL REPLACEMENT



REAL WHOLE FOOD SOURCES



20G OF PROTEIN



REAL WHOLE FOOD

BLUEBERRY COBBLER

With natural fruit pieces



MRE BAR™

Nutrition Facts

1 Serving Per Container
 Serving Size **1 Bar (67g)**

Amount per serving
Calories 260

% Daily Value*

Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3g	
Cholesterol 40mg	13%
Sodium 300mg	13%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 5g Added Sugars	10%
Protein 20g	40%
Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 0.6mg	4%
Potassium 90mg	2%

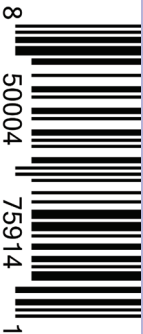
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

See inside flap for Ingredient list and allergen information.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

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Keep in a cool dry place. Store at 55-86°F (13-30°C)