Chapter Six: Gummies for GrownUps**





















Chapter Six"

ASHWA

Cherry Flavored Gummies

Gummies

Supplement Facts

Serving Size: 2 Gummies Servings Per Container: 30

Amount Per Serving		%DV*
Calories	20	
otal Carbohydrate	4 g	2%
Total Sugars	4 g	**
Includes 4g Added Sugars		8%
Sodium	10 mg	<1%
shwagandha Root Extract KSM-66®	300 mg	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value (DV) not established.



