

SUPPLEMENT FACTS

Serving Size 1.93 fl oz. (57mL)

Serving Per Container 1

	Amount per Serving	% Daily Value
Calories	0	0
Total Carbohydrate	0 g	0 %*
Total Sugars	0 g	**
Sodium	0 mg	0 %
Potassium	7 mg	<1 %
Valerian Root Extract	150 mg	**
L-Theanine	100 mg	**
Myo-Inositol	100 mg	**
Passionflower Extract	80 mg	**
5 Hydroxy L-Tryptophan	50 mg	**
GABA Gamma Aminobutyric Acid	50 mg	**
L-Glycine	50 mg	**
Lemon Balm Extract	50 mg	**
Hops Flower Extract	30 mg	**
Lavender Flower Extract	25 mg	**
Melatonin	5 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Filtered Water, Malic Acid, Natural Flavor, Sucralose, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Acesulfame Potassium.

***Warning:** For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product.

Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.



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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT DISEASE.



8 Hour Sleep

✓ Tastes Great ✓ Fast Acting ✓ Naturally & Artificially Flavored

MADE IN
USA
★★★

 Doctor
Formulated

 ALLERGEN
100%
FREE