INCREASE IN MUSCLE

- An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.
- * In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group



STRENGTH IN

JUST 8 WEEKS"

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. oduct sold by weight, not volume. Significant roduct settling may occur. Velositol[®] and its associated logo is a trademark of Nutrition 21, LLC. Velositol[®] is patent protected.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. For More Information:

-888-462-2548 GNC.com



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab.
*Product was tested for over 220 banned substances on the 2021 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICPO307.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC

Proven to Increase Muscle Strength & Size in Just 8 Weeks** Ultra-Pure, Fast-Digesting Whey Protein Isolate & Hydrolysates

GIRL SCOUT

FLAVORS

THIN MINTS®

NATURAL + ARTIFICIAL

CLINICALLY PROVEN PERFORMANCE PROTEIN

40G PROTEIN[‡]

15_G

LEUCINE[‡]

500MG **VELOSITOL®**:

‡Per 2 scoops

DIETARY SUPPLEMENT

NET WT. 48.5 OZ. (3 LB.) 1375 G

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. Wheybolic" can be consumed first thing in the morning, pre-workout and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts

Servings Per Containe mount Per Serving % Daily Value % Daily Valu

Catories	100		2.0	
Total Fat	1 g	1%†	2 g	3%†
Saturated Fat	0.5 g	3%†	1 g	5%†
Cholesterol	10 mg	3%	20 mg	7%
Total Carbohydrate	4 g	1%†	7 g	3%†
Dietary Fiber	0 g	0%†	<1 g	3%†
Total Sugars	1 g	*	2 g	*
Protein	20 g	40%†	40 g	80%†
Calcium	90 mg	7%	180 mg	14%
Chromium (as Chromium Picolinate & Chromium Histidinate)	125 mcg	357%	250 mcg	714%
Sodium	115 mg	5%	230 mg	10%
Potassium	165 mg	4%	330 mg	7%
L-Leucine (from Whey Protein Isolate, L-Leucine, Hydrolyzed Whey Protein)	3.1 g	*	6.2 g	*
High Amylopectin Starch (Waxy Maize)	250 mg	*	500 mg	*
Lactase	197.5 mg	*	395 mg	*

Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established

OTHER INGREDIENTS: Whey Protein Isolate, Hydrolyzed Whey Protein, Cookie Crumbs (Milk Protein Isolate, Chicory Root Fiber, Palm Oil, Sugar, Alkalized Cocoa Powder, Ground Flax Seed, Sunflower Lecithin, Natural Flavor), Cocoa Powder (Processed with Alkali), Natural & Artificial Flavor, Sunflower Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono & Diglycerides, Tocopherols, Tricalcium Phosphate), Salt, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Acesulfame Potassium, Sunflower Lecithin, Silicon Dioxide.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient

⚠ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free, No Soy.





Enhanced with More LEUCINE than Standard Whey Protein

Elevated Muscle Fuel for Muscle Growth & Recovery^*

Features Only Premium, Ultra-Pure, **Fast-Digesting Protein**

Only Whey Hydrolysates and a Clinical Core of ey Isolate & Leucine to Improve Strength■*

nhanced with VELOSITOL® & Leucine

o Accelerate Muscle Protein Synthesis^*

FILL LINE

or Pre-Workout & Cardio

linically Proven Support for Strength, Performance

or Post-Workout & Cardio

Provides Fast-Digesting Whey Isolate & Hydrolysates Plus Leucine to Fuel Muscle & Support Recovery^*

On Non-Training Days & Between Meals

rovides High-Quality Protein & Critical Amino cids to Fuel Muscles While You Recover from ntense Training^*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends Clinically studied ingredients backed by real science. The most effective and premium performance protein available. Train harder.

♦ EAA = essential amino acids

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