

Your least favorite menopause symptom? Lack of sleep. Because in this phase of life, it's not just about falling asleep...it's about staying there. That's why we chose innovative, clinically proven ingredients—like MicroActive® Melatonin, with its longer sustained-release formula—to help you wake fully rested and feeling back to your up-and-at-'em self.\*

**Suggested Use:** Adults, take 1 capsule with water before bedtime as a dietary supplement or as directed by a doctor.

**KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF CLEAR NECK SEAL IS BROKEN OR MISSING.**

**Warning:** As with any supplement, if you are pregnant, nursing, taking medications, have a medical condition, or have difficulty swallowing, consult your doctor before use.

Do not drive or operate heavy machinery when using melatonin.

Store at room temperature in a dry place.

**Womaness™**

## Let Me Sleep

**Natural Sleep Supplement\***  
Estrogen- and Drug-free

- ✓ Fall Asleep
- ✓ Stay Asleep
- ✓ Feel Calm
- ✓ Wake Up Rested

### PREMIUM

CLINICALLY PROVEN INGREDIENTS  
MICROACTIVE® MELATONIN  
MAGNESIUM | GABA  
CHAMOMILE EXTRACT

30 Capsules | Dietary Supplement

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 30

Amount Per Serving		%DV
Vitamin B6 (as pyridoxal-5-phosphate)	10 mg	588%
Magnesium (from Aquamin® Mg Seawater)	100 mg	24%
GABA (gamma-aminobutyric acid)	100 mg	†
Chamomile (Matricaria chamomilla) (Flower Tops) Extract	100 mg	†
Melatonin (as MicroActive®)	3 mg	†

† Daily Value (DV) not established.

**Other Ingredients:** Hydroxypropyl Methylcellulose (Vegetable Capsule), Rice Flour, Sodium Alginate (from Marine brown algae), Microcrystalline Cellulose, Carnauba Wax.

### Sustained-Release Melatonin

MicroActive is a registered trademark of BioActives LLC  
Aquamin™ is a registered trademark of Marigot Ltd. of Cork Ireland

**NATURAL, NON-GMO**

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for Well Found, Inc.  
St. Paul, MN 55128

©2021 Well Found, Inc.