

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:  
1-888-462-2548

GNC.com

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA



**GNC**

# Melatonin

**TIMED-RELEASE**

Supports restful sleep\*



60 TABLETS  
60-DAY SUPPLY

DIETARY SUPPLEMENT

CODE 131622

HUG

**DIRECTIONS:** As a dietary supplement, take one tablet daily. Do not exceed recommended dosage in any 24-hour period.

## Supplement Facts

Serving Size One Tablet

Amount Per Serving		% Daily Value
Calcium	119 mg	9%
Melatonin	3 mg	*

\* Daily Value not established.

**OTHER INGREDIENTS:** Dicalcium Phosphate, Hydroxypropyl Methylcellulose, Hydrogenated Vegetable Oil, Silicon Dioxide, Magnesium Stearate Vegetable Source.

**WARNING:** For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Potency verified by GNC procedure #5008. Conforms to USP <2091> for weight.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: