LEAN SHAKE 25

Hunger-satisfying, high-protein meal replacement Helps keep you fuller, longer

CALORIES

PROTEIN

SUGAR 1G

OUR QUALITY COMMITMENT TO YOU Since 1935, our mission as the industry

leader has been to provide you with the highest-quality nutritional supplements.

We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused

portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you. Store in a cool, dry place. For More Information:

1-888-462-2548

CA Cash Refund

ME 5¢ Deposit

GNC.com

SWISS CHOCOLATE NATURAL & ARTIFICIAL FLAVORS 14 FL, OZ, (414 ML) • 1 SERVING

CODE 333003 DWG

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening.

Nutrition Facts

Serving Size

One Bottle 14 fl. oz. (414 mL)

Amount Per Serving

Calories

Julio	1105					_
					% Daily \	/alue*
Total Fat 6g						8%
Saturated Fa						5%
Trans Fat 0	g					
Cholesterol 20mg						7%
Sodium 360mg						16%
Total Carbohydrate 6g						2%
Dietary Fiber 3g						11%
Total Sugars	i 1g					
Includes Og Added Sugars						0%
Protein 25q						50%
Vitamin D	5mcg (200 IU)	25%	•	Calcium	500mg	40%
Iron	5mg	30%	•	Potassium	400mg	8%
Vitamin A	225mcg RAE	25%	•	Vitamin C	23mg	25%
Vitamin E	4mg	25%	•	Vitamin K	30mcg	25%
Thiamin	0.3mg	25%	•	Riboflavin	0.3mg	25%
Niacin	4mg	25%	•	Vitamin B-6	0.4mg	25%
Folate (6	100mcg DFE 0mcg Folic Acid)	25%	•	Vitamin B-12	0.6mcg	25%
Biotin	7.5mcg	25%	•	Pantothenic Acid	1.3mg	25%
Phosphorus	600mg	50%	•	lodine	38mcg	25%
Magnesium	100mg	25%	•	Zinc	2.8mg	25%
Selenium	14mcg	25%	•	Copper	0.2mg	20%
Manganese	0.6mg	25%	•	Chromium	9mcg	25%
Molybdenum	11mcg	25%				

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Milk Protein Concentrate, Milk Protein Isolate and Less than 2% of: Acesulfame Potassium, Calcium Caseinate, Carrageenan, Cellulose Gel, Cellulose Gum, Cocoa (Processed with Alkali), DATEM, Lactase, Maltodextrin, Natural & Artificial Flavors, Salt, Sucralose, Sunflower, Safflower and/or Canola Oil, Vitamin and Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dL-Alpha Tocopheryl Acetate, Biotin, Vitamin A Palmitate, Niacinamide, Phytomenadione, Potassium Iodide, d-Calcium Pantothenate, Chromium Chloride, Copper Amino Acid Chelate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin, Manganese Sulfate, Maltodextrin), Whey Protein Concentrate.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA California Residents Only:

calories per day without medical supervision.

△WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov

NOTICE: Use in conjunction with the Total Lean® Meal and Exercise Plan found on www.totallean.com. Do not use in diets supplying less than 400

