Achieving the ideal physique is what every athlete strives for. Why do you spend so much time working towards this goal? You do it for the looks, the respect and the confidence that comes from looking and feeling your best. BSN® Creatine helps you get there with 5 grams of 100% Creatine Monohydrate. One serving supports strength, power, and lean body mass to help you look your best in the gym, on the field, or simply anywhere. Your results are going to get noticed.

BSN® Creatine when used as directed, over time, combined with a healthy diet and regular exercise is designed to support**:

MUSCLE* STRENGTH* RECOVERY* PERFORMANCE*

Supplementing with Creatine Monohydrate can help replenish your creatine stores, an ingredient found naturally in foods like red meat. Creatine helps fuel your muscles during periods of high-intensity exercise*.

BSN® Creatine provides 5 grams of pure micronized Creatine Monohydrate to support strength, power, and lean body mass without any fillers or additives*. With unflavored versatility, BSN® Creatine may be added to your post-workout recovery shake or favorite beverage.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BSN
FINISH FIRST.®

CREATINE

UNFLAVORED FOR STACKING

5G CREATINE MONOHYDRATE
6049252

MUSCLE STRENGTH™

60 SERVINGS

DIETARY SUPPLEMENT NET WT 10.9 OZ (309 G)

Directions: Mix one scoop of BSN® Creatine with 8-12 fl oz water or your favorite beverage.

Supplement Facts

Serving Size 1 Scoop (5 g)
Servings Per Container 60

	Amount Per Serving
Micronized Creatine Monohydrate	5 g**

**Daily Value Not Established.

OTHER INGREDIENTS: None.

MANUFACTURED BY:
Bio-Engineered Supplements & Nutrition, Inc., 3500 Lacey Road, Suite 1200, Downers Grove, IL 60515 USA
877.673.3727 www.goBSN.com

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18 OR WOMEN THAT ARE PREGNANT, TRYING TO GET PREGNANT, OR NURSING.

Suggested Use: Intended for use in healthy adults and as part of a healthy, balanced diet and excerise program.

Store in a cool, dry place away from direct sunlight.

Contents sold by weight not volume, some settling may occur.

MADE IN THE USA
This product contains ingredients of international and domestic origin

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