

ENERGY, STRENGTH, ENDURANCE.

CON-CRĒT® Patented Creatine HCl® is a unique, patented form of creatine. It is more soluble and bioavailable than all other creatine derivatives. CON-CRĒT® is the only micro-dosed creatine providing all the benefits without unpleasant side effects.** Micro-Dosing® is based on your body weight and workout intensity. CON-CRĒT® is stackable with any workout supplement.



- No Cycling †
 - No Loading †
 - No Cramping †
 - No Bloating †
 - No Water Retention †
- † When used as directed.

CON-CRĒT® products are protected by U.S. patents. Notice listed at www.vireosystems.com/patents under 35 U.S.C. § 287(a)
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Manufactured by Vireo Resource for Vireo Systems, Inc. Madison, TN 37115 USA

Questions? Call 1-855-442-6466

Manufactured in the U.S.A. from domestic and international ingredients.

www.con-cret.com

REV 2022

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#1 BIOAVAILABLE CREATINE

CON-CRĒT®

PATENTED CREATINE HCl®

RASPBERRY

Naturally Flavored & Sweetened



64 SERVINGS
Dietary Supplement
NET WT 2.2 OZ (61.4 g)

Supplement Facts

Serving Size 1 Scoop (960 mg)
Servings Per Container: 64

	Amount Per Serving	% Daily Value
Patented Creatine HCl®	750 mg	**

** Daily Value Not Established

OTHER INGREDIENTS: Natural Flavors, Reb A (Stevia rebaudiana Leaf Extract).
Gluten free. No calories. No carbs. No sugar. No artificial colors, flavors or sweeteners.

SUGGESTED USE: Take 30 to 60 minutes prior to training with at least 6 oz of water or beverage of choice. CON-CRĒT® can be taken with or without food or protein. Normal Training: 1 serving (1 scoop) per 100 pounds of body weight. Intense Training: 1-2 servings (1-2 scoops) per 100 pounds of body weight. Post & Off Days: Can take 1 serving (1 scoop) per 100 pounds of body weight to assist in muscle recovery.

CON-CRĒT® complies with all drug and doping control standards issued by professional and amateur athletic organizations. CON-CRĒT® is permissible for use by college student-athletes.

WARNINGS: This product is not intended for individuals under the age of 18. Consult your physician prior to using this or any other supplement or if you are taking any OTC or prescription medications. Do not exceed the recommended serving. Discontinue use immediately and consult your health care professional if you experience any adverse reaction to this product. Maintain adequate hydration. Exposure to moisture and humidity may cause clumping but will not affect product performance. KEEP OUT OF REACH OF CHILDREN. CONSULT A DOCTOR IF YOU ARE PREGNANT OR NURSING.

NOTE: Store in a cool, dry place.