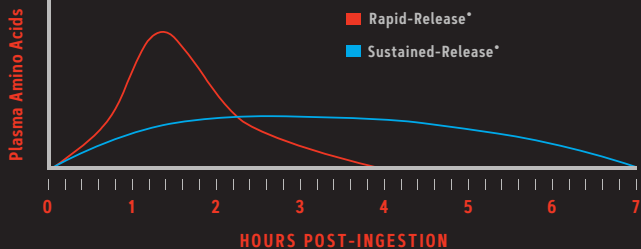


# 7-HOUR SUSTAINED RELEASE PROTEIN\*



\* Visual illustration based on published data.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.  
For More Information:  
1-888-462-2548  
GNC.com



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 220 banned substances on the 2020 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307.



ADVANCED MUSCLE PERFORMANCE

# SUSTAINED PROTEIN BLEND

7-HOUR SUSTAINED-RELEASE PROTEIN

Ultra-Premium Blend of 4 High-Quality Protein Sources

Rapid & Sustained-Release for Up to 7 Hours of Muscle Fuel\*



CHOCOLATE MILKSHAKE

NATURAL + ARTIFICIAL FLAVORS

25G

PROTEIN

4

PROTEIN SOURCES

5G

BCAA°

130

CALORIES

DIETARY SUPPLEMENT

NET WT 34.56 OZ (2.16 LB) 980 G

28 SERVINGS

CODE 414787

DIRECTIONS: As a dietary supplement, mix one scoop (35 g) in 6-8 fl. oz. of cold water and enjoy. See usage benefits for additional suggestions and information.

BVG

PERFORMANCE PROTEIN

4 Sources of Scientifically Blended Protein, Including Specially Processed Native Protein — Protein in its Natural State

- Native Whey Isolate
- Native Micellar Casein
- Egg Whites
- Whey Hydrolysate

USAGE BENEFITS

**Breakfast**

Rapid Release of Amino Acids to "Break Your Fast" & Fuel Muscles, Plus Ongoing Support for Up to 7 Hours\*

**Between Meals**

Sustained Release of Amino Acids for Ongoing Muscle Support\*

**Post-Workout**

Rapid Release of Amino Acids Plus Sustained Release for Ongoing Muscle Support & Protein Synthesis^\*

**Non-Training Days**

Provides Critical Amino Acids to Fuel Muscles During Recovery from Intense Training^\*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no meaningless sprinkles. Superior ingredients backed by real science. Up to 7 hours of premium muscle fuel for advanced muscle performance.\*

\*When used in conjunction with an exercise program.

°BCAA = branched chain amino acids

## Supplement Facts

Serving Size 1 Scoop (35 g)  
Servings Per Container 28

Amount Per Serving	% Daily Value	
Calories	130	
Total Fat	1.5 g	2%†
Cholesterol	25 mg	8%
Total Carbohydrate	4 g	1%†
Total Sugars	1 g	*
Protein	25 g	50%
Calcium	330 mg	25%
Sodium	115 mg	5%
Potassium	250 mg	5%

† Percent Daily Values are based on a 2,000 calorie diet.

\* Daily Value not established.

**OTHER INGREDIENTS:** Protein Blend (Native Micellar Casein, Native Whey Protein Isolate, Whey Protein Hydrolysate, Egg White Protein), Cocoa (Processed with Alkali), Natural and Artificial Flavors, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sunflower Lecithin, Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate [a Milk Derivative]), Natural Tocopherols, Tricalcium Phosphate), Sucralose, Acesulfame Potassium, Salt.

**CONTAINS:** Milk and Eggs.

Distributed by: General Nutrition Corporation  
Pittsburgh, PA 15222 USA

Gluten Free.

**NOTICE:** Use this product as a food supplement only.

Do not use for weight reduction.

Significant product settling may occur. Product is sold by weight not volume.



GLUTEN FREE



BANNED SUBSTANCE FREE