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OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100%, satisfield with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

Contains a trivial amount of lactose. Suitable for individuals following a lactose-free diet. Contains lactase, a natural enzyme that breaks down lactose so you can digest dairy without discomfort.

^A A randomized clinical study consisting of 109 healthy participants compared the use of Lean Shake '25 Ready to Drink in conjunction with a meal & exercise plan (total daily caloric intake of 1500 calories) to a 1500 calorie diet & exercise plan alone. This study resulted in nearly twice as much total weight loss (-7.6 w. -3.9 pounds), along with improvements in Body Mass Index (BMI) among the Lean Shake'' 25 RTD users at the end of 12 weeks. Neal & exercise plan available at www.totallen.com.

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CA Cash Refund ME 5¢ Deposit



GNC TOTAL LEAN®

LEAN SHAKE[®] 25

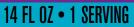
Clinically proven to improve weight loss & BMI^

GLUTEN & LACTOSE FREE*

calories protein 25G Sugar

Girl Scout Cookie™ Inspired Flavors





CODE 449905

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening.

Nutrition Facts Serving Size One Bottle 14 fl oz. (414 mL)						
Amount Per					17	' 0
					% Daily V	alue*
Total Fat 6g						8%
Saturated F	at 1g					5%
Trans Fat 0)g					
Cholesterol	20mg					7%
Sodium 330	mg					14%
Total Carbohydrate 6g						2%
Dietary Fibe						11%
Total Sugar						
)g Added Sugars					0%
Protein 25g						50%
Vitamin D	5mcg (200 IU)	25%	•	Calcium	500mq	40%
Iron	5mg	30%	•	Potassium	310mg	6%
Vitamin A	225mcg	25%	•	Vitamin C	23mg	25%
Vitamin E	4mg	25%	•	Vitamin K	30mcg	25%
Thiamin	0.3mg	25%	•	Riboflavin	0.3mg	25%
Niacin	4mg	25%	•	Vitamin B-6	0.4mg	25%
Folate (I	100mcg DFE 60mcg Folic Acid)	25%	•	Vitamin B-12	0.6mcg	25%
Biotin	7.5mcg	25%	•	Pantothenic Acid	1.3mg	25%
Phosphorus	600mg	50%	•	Iodine	38mcg	25%
Magnesium	100mg	25%	•	Zinc	2.8mg	25%
Selenium	14mcg	25%	•	Copper	0.2mg	20%
Manganese	0.6mg	25%	•	Chromium	9mcg	25%
Molybdenum	11mcg	25%				

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Proprietary Protein Blend (Milk Protein Concentrate, Milk Protein solate, Whey Protein Concentrate, Calcium Caseinate), and less than 2% of: Sunflower, Safflower and/or Canola Oil, Maltodextiru, Vitamin & Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dl-alpha Tocopheryl Acetate, Biotin, Vitamin & Mineral Blend (Magnesium Phosphate, Potassium Iodide, d-Calcium Panthenate, Chronum Chloride, Opper Anino Acid Chelate, Cyanocolaanin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecaciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin, Manganese Sulfate), Natural & Artificial Flavors, Caramel Color, Cellulose Gel, Cellulose Gum, Sucralose, DATEM, Salt, Lactase, Acesulfame Potassium, Carageenan.

CONTAINS: Milk.

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA California Residents Only:



▲ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. NOTICE: Use in conjunction with the Total Lean[®] Meal and Exercise Plan found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com