

Officially licensed by Girl Scouts of the USA (GSUSA), a nonprofit. GSUSA's licensing program powers life-changing experiences for girls.

The GIRL SCOUTS® name, mark, and all associated trademarks and logotypes, including GIRL SCOUT COOKIES® and the Trefoil Design, are owned by Girl Scouts of the USA.

OUR QUALITY COMMITMENT TO YOU
 Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

*Contains a trivial amount of lactose. Suitable for individuals following a lactose-free diet. Contains lactase, a natural enzyme that breaks down lactose so you can digest dairy without discomfort.
 ^ A randomized clinical study consisting of 109 healthy participants compared the use of Lean Shake™ 25 Ready to Drink in conjunction with a meal & exercise plan (total daily caloric intake of 1500 calories) to a 1500 calorie diet & exercise plan alone. This study resulted in nearly twice as much total weight loss (-7.6 vs. -3.9 pounds), along with improvements in Body Mass Index (BMI) among the Lean Shake™ 25 RTD users at the end of 12 weeks. Meal & exercise plan available at www.totallean.com.

CA Cash Refund
 ME 5¢ Deposit
 227130



GNC
 TOTAL LEAN®

LEAN SHAKE™ 25

Clinically proven to improve weight loss & BMI[^]

GLUTEN & LACTOSE FREE[♦]

CALORIES 170	PROTEIN 25G	SUGAR 2G
-------------------------------	------------------------------	---------------------------

Girl Scout Cookie™
 Inspired Flavors



girl scouts  **THIN MINTS®**
 NATURAL & ARTIFICIAL FLAVORS

14 FL OZ • 1 SERVING

CODE 449908

CVG

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening.

Nutrition Facts	
Serving Size	One Bottle 14 fl oz. (414 mL)
Amount Per Serving	
Calories	170
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 330mg	14%
Total Carbohydrate 6g	2%
Dietary Fiber 3g	11%
Total Sugars 2g	0%
Includes 0g Added Sugars	0%
Protein 25g	50%
Vitamin D 5mcg (200 IU)	25% • Calcium 500mg 40%
Iron 5mg	30% • Potassium 310mg 6%
Vitamin A 225mcg	25% • Vitamin C 23mg 25%
Vitamin E 4mg	25% • Vitamin K 30mcg 25%
Thiamin 0.3mg	25% • Riboflavin 0.3mg 25%
Niacin 4mg	25% • Vitamin B-6 0.4mg 25%
Folate 100mcg DFE (60mcg Folic Acid)	25% • Vitamin B-12 0.6mcg 25%
Biotin 7.5mcg	25% • Pantothenic Acid 1.3mg 25%
Phosphorus 600mg	50% • Iodine 38mcg 25%
Magnesium 100mg	25% • Zinc 2.8mg 25%
Selenium 14mcg	25% • Copper 0.2mg 20%
Manganese 0.6mg	25% • Chromium 9mcg 25%
Molybdenum 11mcg	25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Proprietary Protein Blend (Milk Protein Concentrate, Milk Protein Isolate, Whey Protein Concentrate, Calcium Caseinate), and less than 2% of: Sunflower, Safflower and/or Canola Oil, Cocoa processed with Alkali, Vitamin & Mineral Blend (Magnesium Phosphate, Potassium Citrate, Sodium Hexametaphosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Aspartate, dl-alpha Tocopheryl Acetate, Biotin, Vitamin A Palmitate, Inacinamide, Phytomenadione, Potassium Iodide, d-Calcium Pantothenate, Chromium Chloride, Copper Amino Acid Chelate, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin, Manganese Sulfate), Natural & Artificial Flavors, Cellulose Gel, Cellulose Gum, Maltodextrin, Salt, Sucralose, Lactase, Acesulfame Potassium, DATEM, Carrageenan.

CONTAINS: Milk.

Distributed by:
 General Nutrition Corporation
 Pittsburgh, PA 15222 USA

California Residents Only:

⚠ **WARNING:** Cancer and Reproductive Harm – www.P65Warnings.ca.gov.

NOTICE: Use in conjunction with the Total Lean™ Meal and Exercise Plan found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision.

Store in a cool, dry place.

For More Information: 1-888-462-2548
 GNC.com



GLUTEN FREE