

DIRECTIONS: As a delicious snack, enjoy once or twice daily in conjunction with a healthy weight management program.

Nutrition Facts

12 Servings Per Container

One Bar (45g)

Amount Per Serving

Calories

170

% Daily Value*

Total Fat 6g					8%
Saturated Fat 3g					15%
<i>Trans</i> Fat 0g					
Cholesterol 15mg					5%
Sodium 330mg					14%
Total Carbohydrate 15g					5%
Dietary Fiber 4g					14%
Total Sugars 2g					
Includes 2g Added Sugars					4%
Protein 15g					30%
Vitamin D 0mcg	0%	Calcium	60mg	4%	
Iron 1mg	6%	Potassium	80mg	2%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Soy Protein Isolate, Vegetable Glycerin, Whey Protein Concentrate, Tapioca Fiber Syrup, Whey Protein Isolate, Water, Palm Oil, Brown Rice Flour (Rice, Stabilized Rice Bran), Rainbow Sprinkles (Sugar, Corn Starch, Vegetable Oil [Palm Kernel Oil and/or Palm Oil], Soy Lecithin, Dextrin, Confectioner's Glaze, FD&C Red #40 Lake, Natural and Artificial Flavors, FD&C Yellow #6 Lake, Carrauba Wax, FD&C Yellow #5 Lake, FD&C Blue #1 Lake, FD&C Red #3, FD&C Red #40), Soybean Oil and Less than 2%. Almond, Baking Soda, Beta-Carotene (Color), Maltitol, Mono & Diglycerides, Natural Flavors, Palm Kernel Oil, Peanut, Potassium Sorbate (Preservative), Salt, Soy Lecithin, Sucralose, Sunflower Lecithin, Titanium Dioxide (Color), Vanilla Powder, Vitamin A Palmitate (Color), Whey.

CONTAINS: Milk, Soy, Almond and Peanut.

Manufactured in a plant that processes Milk, Soy, Wheat, Fish, Treenut, Peanut and Egg.

Distributed by:

GNC Holdings, LLC,
Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

⚠️ WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition.

Discontinue use two weeks prior to surgery.

Store at 55° F–75° F.

Protect from heat, light and moisture.

For More Information:

1-888-462-2548

GNC.com



GNC X

INNOVATIONS™

Driven by your insights.

Developed by our experts.



WITH
15G
OF PROTEIN!

12 BLONDIES

12 - 45 G (1.59 OZ.) BLONDIES

NET WT. 540 G (19.08 OZ.)

Protein BLONDIE

Soft, Chewy, Hunger-Satisfying Snack

GLUTEN
FREE

SUGAR
2G

CALORIES
170

CONFETTI CAKE

NATURAL & ARTIFICIAL FLAVORS

NEAT TOTAL

GNC