

**DIRECTIONS:** Mix each scoop (serving) of GHOST® WHEY x NUTTER BUTTER® with 5-6oz of water or beverage of choice. Vary amount of liquid to taste.

**GHOST® WHEY WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK**



**LEGENDS DON'T ALWAYS USE A SHAKER**

GHOST® WHEY is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at [ghostlifestyle.com](http://ghostlifestyle.com)

**WARNING:** This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

**STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING. CONTENTS SOLD BY WEIGHT NOT VOLUME, SOME SETTling MAY OCCUR.**

NUTTER BUTTER and NUTTER BUTTER COOKIE DESIGN are trademarks of Mondelez International group, used under license.

**MANUFACTURED FOR GHOST LLC**  
5651 S Edmond Street  
Las Vegas, NV 89118, U.S.A.  
1-844-GHOST-88 (446-7888)

**MANUFACTURED IN THE U.S.A. IN A GMP COMPLIANT FACILITY**  
CONTAINS INGREDIENTS OF INTERNATIONAL AND DOMESTIC ORIGIN

FOLLOW US @GHOSTLIFESTYLE  
  
[WWW.GHOSTLIFESTYLE.COM](http://WWW.GHOSTLIFESTYLE.COM)

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).



# GHOST



## WHEY PROTEIN

26 SERVINGS | NET WT. 2.4lb (1095g)

**160** | **26G**  
CALORIES | PROTEIN  
NATURALLY AND ARTIFICIALLY FLAVORED

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

### NUTRITION FACTS

Approx. 26 Servings per Container  
Serving Size: 1 Rounded Scoop (42.1 grams)

Amount Per Serving	160	% Daily Value**
<b>CALORIES</b>		
Total Fat 2.5g		3%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 35mg		12%
Sodium 270mg		12%
Total Carbohydrate 8g		3%
Dietary Fiber 1g		4%
Total Sugars 3g		
Includes 2g Added Sugars		4%
<b>Protein 26g</b>		<b>52%</b>
Vitamin D 0mcg		0%
Calcium 152mg		10%
Iron 0mg		0%
Potassium 203mg		4%

\*\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.  
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Whey Protein (Whey Protein Isolate 90% (Sunflower Lecithinated), Whey Protein Concentrate 80% (Sunflower Lecithinated), Hydrolyzed Whey Protein Isolate), Nutter Butter® Cookies (Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Peanut Butter (Peanuts, Corn Syrup Solids, Hydrogenated Rapeseed and/or Cottonseed and/or Soybean Oils, Salt, Peanut Oil), Canola Oil, Whole Grain Wheat Flour, Palm Oil, High Fructose Corn Syrup, Salt, Leavening (Baking Soda and/or Calcium Phosphate), Cornstarch, Soy Lecithin, Artificial Flavor), Peanut Flour (providing 1g Protein), Natural and Artificial Flavor, Salt, Cellulose Gum, Digestive Enzymes (Proteases, Bromelain, Lactase), Xanthan Gum, Sucralose  
Contains: Milk, Soy, Wheat, Peanuts

FULL DISCLOSURE PROTEIN	Whey Protein Isolate 90%	14.53g Delivering 12.5g Protein
	Whey Protein Concentrate 80%	13.16g Delivering 10g Protein
	Hydrolyzed Whey Protein Isolate	2.98g Delivering 2.5g Protein

NO AMINO SPIKING

