

DIRECTIONS: Mix each scoop (serving) of GHOST® WHEY x CINNABON® with 5-6oz of water or beverage of choice. Vary amount of liquid to taste.

GHOST® WHEY WAS CONCEIVED TO FEED SAVAGERY AROUND THE CLOCK



LEGENDS DON'T ALWAYS USE A SHAKER

GHOST® WHEY is versatile AF. Use it in smoothies, protein ice cream, oats, pancakes and baked goods. Get inspired at ghostlifestyle.com

FULL DISCLOSURE PROTEIN	Whey Protein Isolate 90%	14.53g Delivering 12.5g Protein
	Whey Protein Concentrate 80%	13.16g Delivering 10g Protein
	Hydrolyzed Whey Protein Isolate	2.98g Delivering 2.5g Protein
NO AMINO SPIKING SOY FREE GLUTEN FREE		

WARNING: This product is only intended for healthy adults. Immediately discontinue use and consult a licensed, qualified healthcare professional if you experience any adverse reaction to this product.

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the State of California to cause cancer and birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov.

OUR SCOOP'S ALWAYS ON TOP
The patented GHOST® nested scoop ensures you never go digging for your scoop again.



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GHOST



CINNABON

WHEY PROTEIN

27 SERVINGS | NET WT. 2lb (918g)

BAKERY INSPIRED
130 | 25G
 CALORIES | PROTEIN
 NATURALLY AND ARTIFICIALLY FLAVORED

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

NUTRITION FACTS

Approx. 27 Servings per Container
 Serving Size: 1 Rounded Scoop (34 grams)

Amount Per Serving	130	% Daily Value**
CALORIES		
Total Fat 1g		1%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 35mg		12%
Sodium 190mg		8%
Total Carbohydrate 4g		1%
Dietary Fiber 0g		0%
Total Sugars 1g		
Includes 0g Added Sugars		0%
Protein 25g		50%
Vitamin D 0mcg		0%
Calcium 148mg		10%
Iron 0mg		0%
Potassium 170mg		4%

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.
 Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey Protein (Whey Protein Isolate 90% (Sunflower Lecithinated), Whey Protein Concentrate 80% (Sunflower Lecithinated), Hydrolyzed Whey Protein Isolate), Natural and Artificial Flavor, Salt, Cinnabon® Makara Cinnamon Powder, Digestive Enzymes (Proteases, Bromelain, Lactase), Xanthan Gum, Cellulose Gum, Sucralose.
 Contains: Milk

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THIS PRODUCT IS MADE WITH REAL CINNABON® MAKARA CINNAMON POWDER... BUT SORRY LEGEND, NO ACTUAL CINNABON® CINNAMON ROLLS.

CONTAINS BIOENGINEERED FOOD INGREDIENTS
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