

CODE 534452**DUG****DIRECTIONS:** As a dietary supplement, take one to two soft chews daily.

Supplement Facts

Serving Size One Soft Chew

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%†
Total Sugars	0 g	*
Includes 0 g Added Sugars		0%†
Sugar Alcohols	2 g	*
Vitamin B-12 (as Cyanocobalamin)	2500 mcg	104167%

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Isomalt, Maltitol Syrup, Corn Syrup Solids*, Modified Potato Starch, Soy Lecithin, Natural Flavors, Palm Oil, Citric Acid, Malic Acid, Glycerin, Carrageenan, Fruit and Vegetable Juice for Color*, Stevia Extract.**CONTAINS: Soybeans.**

^Contributes a trivial amount of sugar.

No Sugar, Gluten Free.

B-12 Soft Chews are a convenient alternative to pills and a great addition to your daily nutrition and health regimen. Each delicious, berry flavored chew has 2,500 micrograms of vitamin B-12, an essential nutrient that provides a variety of important health benefits.*

Vitamin B-12 is required for energy production and metabolism of carbohydrates.* It is also necessary for proper red blood cell formation and is a key nutrient in nerve tissue formation and proper neurological function.* In addition, vitamin B-12 may play a role in the maintenance of normal homocysteine levels in the blood.*

Individually wrapped, great-tasting B-12 Soft Chews are easy to take with you on the go, so you can enjoy the many benefits of vitamin B-12 any time.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:**1-888-462-2548****GNC.com****Distributed by:****General Nutrition Corporation****Pittsburgh, PA 15222 USA****GLUTEN
FREE**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.