THE OBJECTIVE:

Creatine Monohydrate is one of the most studied tried and true dietary supplements on the market. Used both pre and post-workout, Creatine Monohydrate helps to improve athletic performance through ATP production, supporting both muscular strength and muscular endurance.*

		MUSCLE RECOVERY. REDCONT
		CREATINE ONOHYDRATE
and a start of the		
	1 Alexandre	BASIC TRAINING SERIES [®]

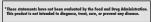
5G PER SERVING

* ★ *

Supplement Serving Size: 1 Scoop (5g) Servings Per Container: 60	Facts		f ^{ee} t	
	Amount Per Serving	%DV	no <u>n</u>	57
Creatine (as Creatine Monohydrate)	5g		Σ	
tribaily Value (DV) not established. Distributed by: Redcon 1, LLC 701 Park of Commer Boca Raton, FL 33487 TEL: 1 (855) 733-2661	te Blvd., Suite 101		11.CC	
WARNING: This product is intended to be consumed by are pregnant, nursing, taking any prescription or overth supped you may have a medical condition. Consume any dietary supplement, consult a healthcare professional surgery. Immediately discontinue use and consult a h reactions. KEEP OUT OF REACH OF CHILDREN.	healthy adults 18 years of age or older. e-counter medications or supplements, le amounts of water while taking this pro- sefore using this product. Discontinue ealthcare professional if you experier	Do not use if you or if you have or iduct. As with any 2 weeks prior to nce any adverse	DCON	
STORE AT 59-86°F (15-30°C). PROTECT FRO NOT COMPLETELY FILL THE CONTAINER. SET	M LIGHT AND MOISTURE. PRO ITLING OCCURS IN SHIPPING.	DUCT DOES	REI	

CREATINE SUGGESTED USE:

As a dietary supplement, mix one scoop (5g) with 8-10 fl. oz of water or your favorite sports drink immediately following your workout. For best results, take pre and post-workout. Consume ample amounts of water while taking this product.







Net Wt. 10.58 oz (300g)



MUSCLE 5 GRAMS ATHLETIC RECOVERY* PER SERVING PERFORMANCE*