

MIRE BAR™

You
TUNE
IN
TO
FOOD
@REDCON1

INGREDIENTS: Protein Blend (Beef Protein Isolate, Salmon Protein, Chicken Protein, Egg Albumin, Brown Rice Protein, Pea Protein), Carbohydrate Blend (Oxyrinated Yam, Dehydrated Sweet Potato, Pea Starch, Coconut Water Powder, Dehydrated Blueberries, Dehydrated Goj Berries, Maniboukain, Dextrose, MCT Oil), Soy Protein Isolate, Maltitol, Palm Kernel Oil, Glycerin, Gluten Free Kollid Oats, Whey Protein (from coating), Sorbitol, Water, Peanuts, Conifit Pieces (Sugar, Corn Syrup, Dehydrated Corn Grits, Corn Starch, Palm Oil, Natural Flavor, Coloring Agents (Fruit and Vegetable Juice, Turmeric Concentrate, Paprika Extract)), Palm Oil, Brown Rice Flour, Natural Flavor, Chiroxy Food Fiber, Soybean Oil, Sucralose, Titanium Dioxide, Sunflower Lecithin, Vanilla Powder, Mono & Diglycerides, Whey, Passasium Sorbate, Soy Lecithin, Beta Carotene, Vitamin A Palmitate and Almond.

Contains: Milk, Soy, Tree nuts (Almond, Coconut), Peanut, Egg and Fish (Salmon).
Manufactured in a plant that processes products containing Wheat, Milk, Soy, Tree Nuts, Peanuts, Egg and Fish.

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MIRE BAR™

REAL WHOLE FOOD

Net Wt. 2.36 oz. (67g)

MEAL REPLACEMENT



REAL WHOLE FOOD SOURCES



20G OF PROTEIN

MIRE BAR™



SPRINKLED DONUT

With other natural flavors



Nutrition Facts

1 Serving Per Container
Serving Size 1 Bar (67g)

Amount per serving

Calories 260

% Daily Value*

Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 3g	
Cholesterol 40mg	13%
Sodium 300mg	13%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	11%
Total Sugars 6g	
Includes 5g Added Sugars	10%
Protein 20g	40%

Vitamin D 0mcg	0%
Calcium 290mg	20%
Iron 0.6mg	4%
Potassium 90mg	2%

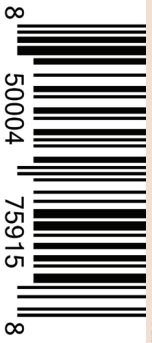
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

See inside flap for Ingredient list and allergen information.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

WWW.REDCON1.COM

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DISTRIBUTED BY: REDCON1, LLC
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Keep in a cool, dry place. Store at 59-68°F (15-20°C)