

Directions: Take 2 capsules daily, preferably 1 capsule twice a day with food, or as directed by a healthcare practitioner.

You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you or contact us at 877-ASK-ZAHLER (877-275-9245) or ask@zahlers.com.

KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. If pregnant, nursing or on medication, consult with your healthcare practitioner.

Store in a cool, dry place, away from direct sunlight.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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PAREVE



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SUPERVISION OF
RABBI SH. STERN &
THE ORTHODOX
UNION



Non-GMO
GLUTEN FREE
DAIRY FREE
SOY FREE



Distributed by:
Advanced Nutrition by Zahler
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ZAHLER



multi vitamin

Digestion

Daily Multivitamin
+Gut Health Support
With Digest Complex & Probiotics



Dietary Supplement

60 Capsules



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

| | Amount Per Serving | %DV |
|--|--------------------|------|
| Vitamin A (as Beta Carotene) | 900 mcg | 100% |
| Vitamin C (from PUREWAY-C® Ascorbic Acid) | 90 mg | 100% |
| Vitamin D3 (As Cholecalciferol) (From Lichen) (Vegan) | 20 mcg | 100% |
| Vitamin E (as D-Alpha Tocopheryl Succinate) | 15 mg | 100% |
| Vitamin K (as Menaquinone-7) | 120 mcg | 100% |
| Thiamin (as Thiamine HCl) | 1.2 mg | 100% |
| Riboflavin (as Riboflavin-5-Phosphate Sodium) | 1.3 mg | 100% |
| Niacin (as Inositol Hexanicotinate) | 16 mg | 100% |
| Vitamin B6 (as Pyridoxal-5-Phosphate) | 1.7 mg | 100% |
| Folate (as L-5-Methyltetrahydrofolate Calcium) | 400 mcg DFE | 100% |
| Vitamin B12 (as Methylcobalamin) | 12 mcg | 500% |
| Choline (as Choline Bitartrate) | 55 mg | 10% |
| Iron (as Ferrous Bisglycinate Chelate) (Ferrochel™) | 6 mg | 33% |
| Iodine (as Potassium Iodide) | 75 mcg | 50% |
| Magnesium (as Simag™) | 105 mg | 25% |
| Zinc (as Zinc Arginate Chelate) (TRAACS™) | 5.5 mg | 50% |
| Selenium (as Methylselenocysteine) | 55 mcg | 100% |
| Copper (as Copper Bisglycinate Chelate) (TRAACS™) | 0.45 mg | 50% |
| Manganese (as Manganese Bisglycinate Chelate) (TRAACS™) | 1.15 mg | 50% |
| Chromium (as Chromine® S+ Chromium stabilized with Capros® Amla Fruit Extract and PrimaVie® Shilajit Gum Resin Extract, Microcrystalline Cellulose, Chromium Chloride Hexahydrate) | 35 mcg | 100% |
| Molybdenum (as Molybdenum Amino Acid Chelate) | 22.5 mcg | 50% |
| Real Digest Complex Blend | 350 mg | * |
| Artichoke Leaf Extract, Milk Thistle Seed Extract, Okra Fruit Powder, Ginger Root Powder, Gentian Root Powder, Long Pepper Fruit Extract, Cardamom Seed Powder, Fenel Seed Powder, White Mustard Seed Powder. | | |
| Saccharomyces boulardii Complex | 100 mg | * |
| Spectra™ Blend | 100 mg | * |
| Coffee Fruit Extract, Green Tea Leaf Extract, Broccoli Sprout, Onion Bulb Extract, Apple Fruit Extract, Quercetin, Acerola Fruit Extract, Tomato Fruit, Broccoli Flower and Stems, Cabbage Palm Fruit, Turmeric Root, Garlic Bulb, Basil Leaf, Oregon Leaf, Cassia Bark, Carrot Root, European Elder Fruit, Mangosteen Fruit, Camu Camu Fruit, Black Currant Fruit Extract, Blueberry Fruit Extract, Raspberry Fruit, Blackberry Fruit, Spinach Leaf, Amla fruit/leaf Fruit, Colards Leaf, Sweet Cherry Fruit, Bilberry Fruit Extract, Brassica oleracea var gemmifera Sprout. | | |
| Bacillus coagulans Complex | 30 mg | * |
| Pantethine | 5 mg | * |

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (Capsule), Organic Rice Hull Concentrate.

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