

Supports Mental Energy and Relaxation*

Zahler KSM-66® Ashwagandha is a full-spectrum organic extract obtained from the root of the Ashwagandha (*Withania somnifera*) plant. An eight-week placebo-controlled clinical trial showed that 600 mg of KSM-66® Ashwagandha extract improved mental energy and promoted relaxation.*

You may need additional supplements to support a healthy diet; consult your nutritionist for a formula that is right for you or contact us at 877-ASK-ZAHLER (877-275-9245) or ask@zahlers.com.

KEEP OUT OF REACH OF CHILDREN.

Do not use if safety seal is damaged or missing.

If pregnant, nursing or on medication, consult with your healthcare practitioner.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

KOSHER
PAREVE



UNDER THE STRICT
SUPERVISION OF
RABBI SH. STERN &
THE ORTHODOX
UNION



NON-GMO
GLUTEN FREE
DAIRY FREE
SOY FREE



Built Clean:

Free of synthetic binders and fillers.

STORE TIGHTLY CLOSED
IN A COOL, DRY PLACE.



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Ashwagandha 600

Clinically Validated Dose

Supports Mental Energy and Relaxation*

MIND &
SPIRIT*



Dietary
Supplement
60 Capsules

Feel Better,
Everyday™

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving	%DV
Organic Ashwagandha Root Extract KSM-66®	600 mg *

*Daily Value (DV) not established.

Other Ingredients: Hypromellose (Capsule), Organic Rice Hull Concentrate.

Directions:
Take 2 capsules daily, preferably 1 capsule twice a day with or without food, or as directed by a healthcare practitioner.

Distributed By:
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www.zahlers.com

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