Micronized Creatine Monohydrate **Essential Phospholipids**

Sport & Fitness

Vegan Non-GMO Soy-Free Dairy-Free Gluten-Free

cGMP Certified Manufacturing



LIPOSOMAL **CREATINE**

CENTURION

CREATINE MONOHYDRATE PHOSPHOLIPID COMPLEX

Suggested use: Adults mix 1 scoop daily, or as recommended by your healthcare practitioner, with 8 ounces of water or your favorite beverage. Do not exceed the recommended dose.

Supplement Facts

Serving Size: 1 Scoop (About 5g) Servings Per Container: 90

Amount Per Serving

5000 mg

**Daily Value (DV) not established

Creatine Monohydrate

Other Ingredients: Non-GMO Sunflower Oil (containing Phosphatidylcholine; Liposomal Delivery Matrix).

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Warning: If you are pregnant, nursing, allergic, have a medical condition, or are taking any medications, consult a doctor before using this or any other dietary supplement. Not for use by those under the gae of 18 or women that are pregnant. trying to get pregnant or nursing.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

SCAN FOR INFO

is not intended to diagnose, treat, cure or prevent any disease.



*These statements have not been evaluated by the Food and Drug Administration. This product

FEEL DIFFERENT.

DIFTARY SUPPLEMENT CODEAGE

BIOAVAILABLE*

POWDER · UNFLAVORED

NET WT 16.03 oz (1 lb) 455 g