## **PODIUM**®

ADD CREATINE MONOHYDRATE TO PODIUM FUSE® PRE-WORKOUT, PODIUM® HYDRO+SALT® BCAA, OR PODIUM® WHEY TO ELEVATE YOUR TRAINING AND RECOVERY.







**HIGH INTENSITY** TRAINING

SUGGESTED USE: Mix one (1) scoop with 8-10 ounces of water.



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## **SUPPLEMENT FACTS**

Serving Size: 1 Scoop (5.3 g) Servings Per Container: 50

Creatine Monohydrate

Amount Per Serving

\*Percent Daily Values are based on a 2000 calorie diet. † Daily Value not established.

OTHER INGREDIENTS: Silicon Dioxide

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanuts.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat. cure, or prevent any disease.

## **GLUTEN FREE**

