

Suggested use



1 DROPPER MEANS
1 SQUEEZE



SHAKE
WELL



MIXED OR
DIRECT

1-3 YEARS - - - - 1-2 DROPPERS DAILY

4+ YEARS - - - - 1-2 DROPPERS DAILY

WARNING: Do not use if the product appears to be tampered with or if seal is broken. Not intended for children under 2 years of age. Use only under adult supervision.

KEEP OUT OF REACH OF CHILDREN.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

JOYSPRING

Calmify



LIQUID MAGNESIUM
DIETARY SUPPLEMENT

30 mL (1fl oz)

Supplement Facts

Serving Size 1 dropper (1mL)
Servings Per Bottle 30 (Approx)

Amount Per Serving	% DV Ages 1-3yrs	% DV Ages 4+yrs
Magnesium 6.75mg (as Magnesium Glycinate & Magnesium Citrate)	2%	8%
L-Theanine 25mg	*	*
Proprietary Blend 1mL	*	*
Organic Chamomile Flower, Organic Passionflower Herb, Organic Hops Flower, Organic Spearmint Leaf		

* Daily Value (DV) not established.

Other Ingredients: Organic Glycerin, Purified Water, and Organic Natural Flavor.



DISTRIBUTED BY:

JoySpring

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