

CONTROL
BOOST
GLP-1
CRAVINGS

supergut®

THE GUT HEALTHY PREBIOTIC SHAKE

Vanilla

15g FIBER

15g PROTEIN

IMPROVE
DIGESTION

MANAGE
WEIGHT

NET WT 26.2 oz (1.6lbs/742g)

Nutrition Facts

14 servings per container
2 scoops (53g)

Amount per serving

Calories 140

% Daily Value*

Total Fat	4g	5%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Polysaturated Fat	0.5g	
Monounsaturated Fat	3g	
Cholesterol	10mg	3%
Sodium	45mg	2%
Total Carbohydrate	28g	10%
Dietary Fiber	15g	54%
Soluble Fiber	6g	
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	15g	30%
Vitamin D	10mcg	25%
Vitamin B12	0.6mcg	25%
Biotin	5.3mcg	40%
Iron	3.4mg	20%
Pantothenic Acid	0.9mg	20%
Phosphorus	250mg	20%
Vitamin A	158mcg	20%
Vitamin E	3mg	20%
Zinc	2mg	20%
Selenium	14mcg	25%
Thiamin	0.3mg	20%
Riboflavin	0.23mg	20%
Manganese	0.41mg	20%
Chromium	18mcg	50%
Niacin	2.8mg	50%
Vitamin B6	0.3mg	25%
Molybdenum	11mcg	25%
Folate	70mcg DFE	20%
(42mcg Folic Acid)		

*The % Daily Value tells you how much of a nutrient in a serving of food contributes to a daily diet of 2,000 calories a day and is used for general nutrition advice.

INGREDIENTS: Milk Protein Concentrate, Supergut® Resistant Starch Fiber Blend (Soluble Vegetable Fiber (Maize), Green Banana Powder Resistant Starch, Solinul™ (Resistant Potato Starch), Beta Glucan (Oats)), Natural Sweetener Blend (Allulose, Rebaudioside M), Creamer Blend (High Oleic Sunflower Oil, Acacia Fiber, Xanthan Gum, Guar Gum), Natural Vanilla Flavor, Vitamin-Mineral Blend (Calcium Carbonate, Choline Bitartrate, Magnesium Oxide, Ascorbic Acid, Alpha Lipidic Acid, Zinc Gluconate, dl-alpha Tocopheryl Acetate, Ergocalciferol, Manganese Sulfate, Potassium Iodide, Reduced Iron, Sodium Selenite, Sodium Molybdate, Niacinamide, Phytantriol, Vitamin A Palmitate, Chromium Picolinate, d-Calcium Pantothenate, Biotin, Folic Acid, Thiamine Mononitrate, Copper Sulfate, Pyridoxine HCl, Riboflavin, Cyanocobalamin).

CONTAINS MILK.

NET CARB CALCULATION
28g Total Carbs
- 15g Dietary Fiber
= 4g NET CARBS

Store in a cool, dry place away from direct light.
US PATENT 11,318,159

Please visit supergut.com for more information.
† Not a calorie reduced product. Please reference nutrition panel for further information on sugar and calorie count.

Gut questions? Reach out: hello@supergut.com

Made in USA and distributed by Uplifting Results Labs, Inc.
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PROUDLY BLACK FOUNDED

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WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Directions: Blend with 12oz of water (or milk of choice) and ice, savor and enjoy daily! Pro tip: start with 1 scoop to gently introduce this goodness to your gut. Best consumed within 30 minutes. Find recipes and more at supergut.com

Marc Washington, Founder & CEO

Start your Supergut Journey here

IMPROVE DIGESTION

MANAGE WEIGHT

BALANCE BLOOD SUGAR

CRAB CRAB CRAB

NOTHING ARTIFICIAL

NO SOY

NON GMO

KETO FRIENDLY

Boost GLP-1 Naturally

Beyond being a great source of protein, Supergut's clinically-proven shakes boast a powerful prebiotic blend of resistant starch and beta-glucan that nourishes gut microbes, improves digestive health, and triggers your body's hunger quieting GLP-1 hormone naturally.

CLINICALLY PROVEN GUT HEALTHY FIBER BLEND

15g PREBIOTIC FIBER

15g HIGH-QUALITY PROTEIN

26 VITAMINS & MINERALS

4g NET CARBS

1g TOTAL SUGARS†

THE GUT BALANCING, DIGESTION BOOSTING, HUNGER RESISTING, BLOOD SUGAR STABILIZING SHAKE.