

11G
PROTEIN

2G
NET CARBS

100
CALORIES

2G
NET CARBS

11G
PROTEIN



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Nutrition Facts

1 serving per container
Serving Size **0.9oz (26g)**

Amount Per Serving
Calories 100

% Daily Value*

Total Fat 4g 5%

Saturated Fat 1g 4%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 150mg 7%

Total Carbs. 6g 2%

Dietary Fiber 4g 16%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 11g 22%

Vitamin D 0mcg 0%

Calcium 46mg 4%

Iron 1mg 8%

Potassium 183mcg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Edamame (Soybean), Sea Salt, Soybean Oil

Contains: Soy

Made in a facility that processes peanuts and tree nuts.

Distributed by
The Only Bean LLC
Grand Rapids, MI 49503
Product of China

We're here to help!
hello@theonlybean.com

THE ONLY[®]
BEAN

≡ CRUNCHY ROASTED ≡
EDAMAME
BEANS

HIGH PROTEIN SUPERSNACK

KETO-FRIENDLY • GLUTEN-FREE • VEGAN



100
CALORIES

SEA SALT

NET WT. 0.9 OZ (26G) **U**