

14G PROTEIN 5G FIBER 2G NET CARBS 114 CAL

THE ONLY[®]
BEAN

CRUNCHY ROASTED
EDAMAME
BEANS

HIGH PROTEIN SUPERSNACK

KETO-FRIENDLY • GLUTEN-FREE • VEGAN



SEA SALT

NET WEIGHT 4 OZ (113 G)



HIGH PROTEIN SUPERSNACK

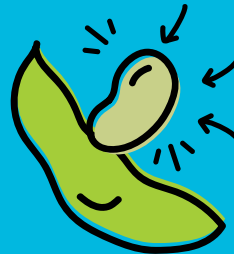
CRUNCHY ROASTED
EDAMAME
BEAN SNACK ATTACK!

Crush your snack cravings with crunchy roasted edamame beans! Our beans are dry roasted (never fried) and seasoned to yummy perfection. Enjoy this protein-packed supersnack straight from the bag or on your favorite meal for some added fuel! It's time to get your snack on!

PACKED WITH
PLANT-BASED PROTEIN

EXCELLENT
SOURCE OF
FIBER

2G OF
NET CARBS



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Nutrition Facts

About 4 servings per container
Serving Size 1/3 cup (30g)

Amount Per Serving
Calories 114

% Daily Value*

Total Fat	5g	6%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	205mg	9%
Total Carbs.	7g	3%
Dietary Fiber	5g	18%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	14g	28%
Vitamin D	0mcg	0%
Calcium	52mg	4%
Iron	2mg	11%
Potassium	210mcg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Edamame (Soybean), Sea Salt, Soybean Oil
Contains: Soy

Made in a facility that processes peanuts and tree nuts.

Distributed by The Only Bean LLC
Grand Rapids, MI 49503
Product of China

