

13G PROTEIN 5G FIBER

3G NET CARBS 138 CAL



CRUNCHY ROASTED EDAMAME BEANS

HIGH PROTEIN SUPERSNACK

KETO-FRIENDLY • GLUTEN-FREE • VEGAN



SRIRACHA

NET WEIGHT 4 OZ (113 G)



HIGH PROTEIN SUPERSNACK

CRUNCHY ROASTED EDAMAME BEAN SNACK ATTACK!

Crush your snack cravings with crunchy roasted edamame beans! Our beans are dry roasted (never fried) and seasoned to yummy perfection. Enjoy this protein-packed supersnack straight from the bag or on your favorite meal for some added fuel! It's time to get your snack on!

PACKED WITH PLANT-BASED PROTEIN



EXCELLENT SOURCE OF FIBER

3G OF NET CARBS



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THEONLYBEAN.COM

Nutrition Facts

About 4 servings per container
Serving Size 1/3 cup (30g)

Amount Per Serving
Calories 138

% Daily Value*

Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	239mg	10%
Total Carbs	8g	3%
Dietary Fiber	5g	18%
Total Sugars	2g	
Includes 0.2g Added Sugars	0%	
Protein	13g	28%
Vitamin D	0mcg	0%
Calcium	50mg	4%
Iron	2mg	11%
Potassium	200mcg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Edamame (Soybean), Soybean Oil, Salt, Garlic Powder, Chili Powder, Sugar, Onion Powder, Pepper Extract, Sweet Pepper Powder, Citric Acid

Contains: Soy

Made in a facility that processes peanuts and tree nuts.



Produced for
The Only Bean, LLC
Cincinnati, OH 45203
Product of China