

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:**

**SUGGESTED USE:** Mix 1 heaping scoop of Amplify® XL to 8 oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.\* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the scoop serving size. *To be used as part of a physical conditioning program.*

**WARNING:** If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**AMPLIFY® XL IS YOUR COMPLETE ALL-IN-ONE PROTEIN**



**FACILITATES LEAN MUSCLE TISSUE GROWTH AND ENHANCES RECOVERY!**

**ADVANTAGE OF A PREMIUM PROTEIN BLEND**

Amplify® XL offers a superior and premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Controlled release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and time-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.\*

**HYDRO GREENS BLEND**

Amplify® XL is fortified with a seeds and greens health blend to support additional health benefits (antioxidants, heart health, healthy appearance (skin), and anti-aging). Coconut helps provide electrolytes and supports rehydration post-workout.\*

**BIOAVAILABILITY**

The protein sources found in Amplify® XL rank highest on the biological value scale.

Stack Amplify® XL with any PMD® sports nutrition product for greater increases in muscle strength, mass, energy, toning, recovery and performance.\*

**PREMIUM PROTEIN BLEND**



10g of Glutamine + Branch Chain Amino Acids



Seeds + Greens + Hydration

**AMPLIFY®**

Dietary Supplement

**25g**  
Protein

**10g**  
Glutamine + BCAAs

**0g**  
Added Sugar

Per Serving

**GLUTEN FREE**

NET WT. 2LBS. (908 G)

**PROTEIN ABSORPTION\* | LEAN MUSCLE GAINS\* | MUSCLE RECOVERY\***

**DOUBLE CHOCOLATE EXPLOSION**  
Natural and Artificial Flavor

No Added Sugar	Gluten Free	Aspartame Free	No Artificial Colors	Trans Fat Free	Yeast Free	Preservatives Free	Caffeine Free
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**Supplement Facts**

Serving Size 37.85 g (1 scoop) Servings Per Container 24

Amount Per Serving		%DV**	Amount Per Serving		%DV**
Calories	140		<b>Premium Protein Blend 25 g</b> †		
Calories from Fat	20		<b>Quick Release Blend</b>		
Total Fat	2 g	3%**	Whey Protein Concentrate,		
Saturated Fat	1 g	4%**	Whey Protein Isolate,		
Cholesterol	67 mg	22%**	Whey Protein Hydrolysate,		
Total Carbohydrate	7 g	2%**	<b>Controlled Release Blend</b>		
Dietary Fiber	2 g	8%**	Egg Protein		
Sugars †	2 g	†	<b>Hydro Greens Blend 1,250 mg</b> †		
Protein	25 g	50%**	<b>Seed Health Blend</b>		
Vitamin A (as Retinyl Palmitate)	500 IU	10%	Flax Seed Powder, Chia ( <i>Savia hispanica</i> ) Seed Powder		
Vitamin C (as Ascorbic Acid)	15 mg	25%	<b>Greens Health Blend</b>		
Vitamin E (as D L-Alpha Acetate)	7.5 IU	25%	Coconut ( <i>Cocos nucifera</i> ) Water Powder,		
Thiamin (as Thiamin HCl)	150 mcg	10%	Spirulina (Blue Green Algae), Chlorella pyrenoidosa Whole Plant Powder,		
Riboflavin	170 mcg	10%	Wheat Grass ( <i>Triticum aestivum</i> ) Aerial Powder (Gluten Free), Maca ( <i>Lepidium meyenii</i> ) Root Extract 4:1		
Niacin (as Niacinamide/Nicotinamide)	2 mg	10%	<b>Promax™ Enzyme Blend 300 mg</b> †		
Vitamin B6 (as Pyridoxine HCl)	200 mcg	10%	Lipase, Protease, Amylase, Bromelain		
Folate (as Folic Acid)	40 mcg	10%	( <i>Anana comosus</i> ) Stem Extract, Cellulase		
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	10%			
Vitamin B5 (as Pantothenic Acid)	1 mg	10%			
Calcium	125 mg	13%			
Iron	1.2 mg	7%			
Sodium	130 mg	5%			

**Amino Acids (Approx. Values) 25 g**

**BCAA+ INFUSION**

L-Glutamine Δ	5.00 g
L-Leucine	2.50 g
L-Isoleucine	1.50 g
L-Valine	1.41 g

**Quick Release Blend**

L-Tryptophan	572 mg
L-Lysine	2.10 g
L-Threonine	1.72 g
L-Phenylalanine	835 mg
L-Methionine	620 mg
L-Histidine	453 mg
L-Tyrosine	739 mg
L-Arginine	572 mg
L-Glycine	453 mg
L-Aspartic Acid	3.29 g
L-Alanine	1.22 g
L-Proline	1.46 g
L-Serine	1.22 g
L-Cystine	716 mg

**Other Ingredients:** Cocoa Bean Powder, Natural and Artificial Flavors, Fibersol® -2, Xanthan Gum, Carboxymethylcellulose, Salt, Sucralose, Acesulfame Potassium, Soy Lecithin (Emulsifier)

**CONTAINS:** Milk, Egg, Soy, Tree Nut (Coconut) and Wheat products. This product was produced in a facility that also processes ingredients containing fish, shellfish and peanuts.

**FREE OF:** ADDED SUGAR, ASPARTAME, GLUTEN, TRANS FATS, YEAST, PRESERVATIVES, ARTIFICIAL COLORS.

ΔDenotes naturally occurring and added free form amino acid.

†Indicates naturally occurring sugar derived from whey protein blend sources.

Manufactured in accordance with current Good Manufacturing Practices (cGMP).



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For Product Questions:  
**PMDsports.com**

