

**AMPLIFY® XL IS A DELICIOUS PROTEIN BLEND THAT CAN BE USED EVERY DAY AND BY EVERY BODY!**

**SUPPORT FOR:** Greater increases in muscle strength, mass, energy, toning, recovery and performance.\*

**DESCRIPTION:** Amplify® XL offers a premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Delayed release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and delayed-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.\*

**HYDRO GREENS BLEND**  
Amplify XL is fortified with a seeds and greens health blend to support additional benefits. Coconut helps provide electrolytes and supports rehydration post-workout.\*



**BIOAVAILABILITY**  
The protein sources found in Amplify XL rank highest on the biological value scale. Amplify XL comes with a **PURE PROTEIN GUARANTEE** (No Amino Spiking), so you can be confident you are using the highest quality protein in every scoop.\*



**SUGGESTED USE:** Mix 1 heaping scoop of **AMPLIFY® XL** to 8 fl. oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.\* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder fill level may vary from bottle to bottle. Additionally, protein powder can experience small fluctuations in density leading to very slight variations in scoop serving size. *To be used as part of a physical conditioning program.*

**WARNING:** If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

**CONSUMER NOTICE:** FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or pmdsports.com.

**CALIFORNIA RESIDENTS**  
**WARNING:** Cancer and Reproductive Harm – [www.P65Warnings.ca.gov/Food](http://www.P65Warnings.ca.gov/Food)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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PROFESSIONAL MUSCULAR DEVELOPMENT



# AMPLIFY XL®



**PREMIUM PROTEIN**

**25g PROTEIN** | **5g GLUTAMINE<sup>A</sup>** | **5.4g BCAAS** | **HYDRO GREENS BLEND** | **PROMAX™ DIGESTIVE BLEND**

**DOUBLE CHOCOLATE EXPLOSION** NATURAL AND ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT | **48 SERVINGS** | NET WT 4 LBS (1.8 KG)

**ALL-IN-ONE PREMIUM PROTEIN BLEND FORMULATED FOR RESULTS**

COMPLETE PROTEIN FOR ENHANCED ABSORPTION, LEAN MUSCLE AND RECOVERY\*

**25g** PROTEIN | **1.25g** SEEDS AND GREENS HEALTH | **300mg** DIGESTIVE ENZYMES | **5g** GLUTAMINE<sup>A</sup> | **5.4g** BCAAS

**Supplement Facts**

Serving Size 1 Scoop (38 g)  
Servings Per Container 48 Servings

Amount Per Serving		%DV	Amount Per Serving		%DV
Calories	150		<b>Premium Protein Blend</b>	<b>25 g</b>	†
Total Fat	3.5 g	4%**	<b>Quick Release Blend</b>		
Saturated Fat	1.5 g	8%**	Whey Protein Concentrate,		
Cholesterol	75 mg	25%	Whey Protein Isolate,		
Total Carbohydrate	5 g	2%**	Whey Protein Hydrolysate		
Dietary Fiber	2 g	7%**	<b>Delayed Release Blend</b>		
Total Sugar <sup>††</sup>	2 g	†	Egg Protein		
Protein	25 g	50%**	<b>Hydro Greens Blend</b>	<b>1,250 mg (1.25 g)</b>	†
Vitamin A (as Retinyl Palmitate)	150 mcg RAE	17%	<b>Seed Health Blend</b>	<b>1,000 mg (1.0 g)</b>	†
Vitamin C (Ascorbic Acid)	15 mg	17%	Flax Seed Powder, Chia ( <i>Salvia hispanica</i> ) Seed Powder		
Vitamin E (as DL-Alpha Tocopheryl Acetate)	6.75 mg	45%	<b>Greens Health Blend</b>	<b>250 mg</b>	†
Thiamine (as Thiamine HCl)	0.15 mg	13%	Coconut ( <i>Cocos nucifera</i> ) Water Powder,		
Riboflavin	0.17 mg	13%	Blue Green Algae ( <i>Spirulina sp.</i> ) Whole Plant,		
Niacin (as Niacinamide/Nicotinamide)	2 mg	13%	<i>Chlorella pyrenoidosa</i> Whole Plant Powder,		
Vitamin B6 (as Pyridoxine HCl)	0.2 mg	12%	Wheat Grass ( <i>Triticum aestivum</i> ) Aerial Powder (Gluten Free),		
Folate	66 mcg DFE (40 mcg Folic Acid)	17%	Maca ( <i>Lepidium meyenii</i> ) Root		
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	25%	<b>Promax™ Digestive Enzyme Blend</b>	<b>300 mg</b>	†
Pantothenic Acid (as Calcium D-Pantothenate)	1 mg	20%	Lipase, Protease, Amylase, Bromelain ( <i>Anana comosus</i> )		
Calcium	170 mg	13%	Stem Extract, Cellulase		
Iron	1 mg	6%			
Sodium	140 mg	6%			
Potassium	180 mg	4%			

**Amino Acids (Approx. Values)** 25 g

**BCAA + INFUSION**  
L-Glutamine<sup>A</sup> 5 g  
L-Leucine 2.5 g  
L-Isoleucine 1.5 g  
L-Valine 1.4 g

L-Tryptophan 572 mg  
L-Lysine 2.10 g  
L-Threonine 1.72 g  
L-Phenylalanine 835 mg  
L-Methionine 620 mg  
L-Histidine 453 mg  
L-Tyrosine 739 mg  
L-Arginine 572 mg  
L-Glycine 453 mg  
L-Aspartic Acid 3.29 g  
L-Alanine 1.22 g  
L-Proline 1.46 g  
L-Serine 1.22 g  
L-Cystine 716 mg

<sup>A</sup>Denotes naturally occurring and added free form amino acid.

<sup>††</sup>Indicates naturally occurring sugar derived from whey protein blend sources.

**Other Ingredients:** Cocoa Bean Powder, Natural and Artificial Flavors, L-Glutamine, Fibersol® -2 (Soluble Corn Fiber), Xanthan Gum, Sodium Carboxymethyl Cellulose, Salt, Sucralose, Acesulfame Potassium, Soy Lecithin (Emulsifier). **CONTAINS: Milk, Egg, Soy, Tree Nut (Coconut), Wheat Products.**  
**FREE OF:** Added Sugar, Aspartame, Gluten, Trans Fats, Soy Protein, Yeast, Preservatives, Artificial Colors. **Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:**

FitLife Brands,® Inc. \ 5214 South 136th Street \ Omaha, NE 68137 \ For Product Questions: [PMDsports.com](http://PMDsports.com)



New PMD Amplify XL Protein Double Chocolate (48 Servings) X001RSC44F

