

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS:

SUGGESTED USE: Mix 1 heaping scoop of Amplify® XL to 8 oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the scoop serving size. *To be used as part of a physical conditioning program.*

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

AMPLIFY® XL IS YOUR COMPLETE ALL-IN-ONE PROTEIN



FACILITATES LEAN MUSCLE TISSUE GROWTH AND ENHANCES RECOVERY!

ADVANTAGE OF A PREMIUM PROTEIN BLEND

Amplify® XL offers a superior and premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Controlled release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and time-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.*

HYDRO GREENS BLEND

Amplify® XL is fortified with a seeds and greens health blend to support additional health benefits (antioxidants, heart health, healthy appearance (skin), and anti-aging). Coconut helps provide electrolytes and supports rehydration post-workout.*

BIOAVAILABILITY

The protein sources found in Amplify® XL rank highest on the biological value scale.

Stack Amplify® XL with any PMD® sports nutrition product for greater increases in muscle strength, mass, energy, toning, recovery and performance.*

PREMIUM PROTEIN BLEND



10g of Glutamine + Branch Chain Amino Acids



HYDRO-GREENS Blend

Seeds + Greens + Hydration

AMPLIFY®

Dietary Supplement

25g
Protein

Per Serving

10g
Glutamine + BCAAs

0g
Added Sugar

XL

GLUTEN FREE

NET WT. 2LBS. (908 G)



No Amino Spiking!

PROTEIN ABSORPTION* | LEAN MUSCLE GAINS* | MUSCLE RECOVERY*

No Added Sugar	Gluten Free	Aspartame Free	No Artificial Colors	Trans Fat Free	No Soy Protein	Preservatives Free	Caffeine Free
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Supplement Facts

Serving Size 37.85 g (1 scoop) Servings Per Container 24

	Amount Per Serving	%DV**		Amount Per Serving	%DV**
Calories	140		Premium Protein Blend	25 g	†
Calories from Fat	15		Quick Release Blend		
Total Fat	2 g	3%**	Whey Protein Concentrate,		
Saturated Fat	0.83 g	3%**	Whey Protein Isolate,		
Cholesterol	67 mg	22%**	Whey Protein Hydrolysate,		
Total Carbohydrate	7 g	2%**	Controlled Release Blend		
Dietary Fiber	3 g	12%**	Egg Protein		
Sugar††	2 g	†	Hydro Greens Blend	1,250 mg	†
Protein	25 g	50%**	Seed Health Blend		
Vitamin A (as Retinyl Palmitate)	500 IU	10%	Flax Seed Powder, Chia (<i>Savia</i>		
Vitamin C (as Ascorbic Acid)	15 mg	25%	<i>hispanica</i>) Seed Powder		
Vitamin E (as D L-Alpha Acetate)	7.5 IU	25%	Greens Health Blend		
Thiamin (as Thiamin HCl)	150 mcg	10%	Coconut (<i>Cocos nucifera</i>) Water Powder,		
Riboflavin	170 mcg	10%	Spirulina (Blue Green Algae), Chlorella		
Niacin (as Niacinamide/Nicotinamide)	2 mg	10%	pyrenoidosa Whole Plant Powder,		
Vitamin B6 (as Pyridoxine HCl)	200 mcg	10%	Wheat Grass (<i>Triticum aestivum</i>) Aerial		
Folate (as Folic Acid)	40 mcg	10%	Powder (Gluten Free), Maca (<i>Lepidium</i>		
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	10%	<i>meyenii</i>) Root Extract 4:1		
Vitamin B5 (as Pantothenic Acid)	1 mg	10%	Promax™ Enzyme Blend	300 mg	†
Calcium	124 mg	12%	Lipase, Protease, Amylase, Bromelain		
Iron	0.47 mg	3%	(<i>Anana comosus</i>) Stem Extract, Cellulase		
Sodium	125 mg	5%			

Other Ingredients: Fibersol® -2, Natural and Artificial Flavors, Xanthan Gum, Carboxymethylcellulose, Salt, Sucralose, Acesulfame Potassium, Soy Lecithin (Emulsifier)

CONTAINS: Milk, Egg, Soy, Tree Nut (Coconut) and Wheat products. This product was produced in a facility that also processes ingredients containing fish, shellfish and peanuts.

FREE OF: ADDED SUGAR, ASPARTAME, GLUTEN, TRANS FATS, YEAST, PRESERVATIVES, ARTIFICIAL COLORS.

Δ Denotes naturally occurring and added free form amino acid.

†† Indicates naturally occurring sugar derived from whey protein blend sources.

Amino Acids (Approx. Values)	25 g
BCAA + INFUSION	
L-Glutamine Δ	5.00 g
L-Leucine	2.50 g
L-Isoleucine	1.50 g
L-Valine	1.41 g
L-Tryptophan	572 mg
L-Lysine	2.10 g
L-Threonine	1.72 g
L-Phenylalanine	835 mg
L-Methionine	620 mg
L-Histidine	453 mg
L-Tyrosine	739 mg
L-Arginine	572 mg
L-Glycine	453 mg
L-Aspartic Acid	3.29 g
L-Alanine	1.22 g
L-Proline	1.46 g
L-Serine	1.22 g
L-Cystine	716 mg

Manufactured in accordance with current Good Manufacturing Practices (cGMP).



FITLIFE BRANDS

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For Product Questions:
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VANILLA FLEX
Natural and Artificial Flavor