

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

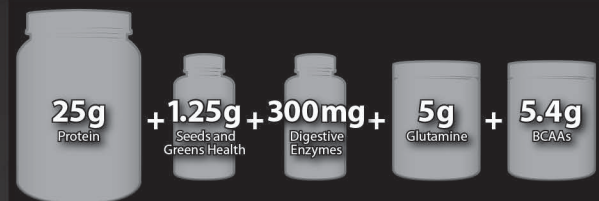
**DIRECTIONS:**

**SUGGESTED USE:** Mix 1 heaping scoop of Amplify® XL to 8 oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.\* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the scoop serving size. To be used as part of a physical conditioning program.

**WARNING:** If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**WARNING** for California residents only: This product contains a chemical known in the state of California to cause birth defects or other reproductive harm. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

**AMPLIFY® XL IS YOUR COMPLETE ALL-IN-ONE PROTEIN**



**FACILITATES PROTEIN ABSORPTION, LEAN MUSCLE GAINS, AND ENHANCES RECOVERY!**

**ADVANTAGE OF A PREMIUM PROTEIN BLEND**

Amplify® XL offers a superior and premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Controlled release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and time-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.\*

**HYDRO GREENS BLEND**

Amplify® XL is fortified with a seeds and greens health blend to support additional health benefits (antioxidants, heart health, healthy appearance (skin), and anti-aging). Coconut helps provide electrolytes and supports rehydration post-workout.\*

**BIOAVAILABILITY**

Protein sources found in Amplify® XL rank highest on the biological value scale.

**STACK AMPLIFY® XL WITH ANY PMD® PRODUCT FOR GREATER INCREASES IN MUSCLE STRENGTH, MASS, ENERGY, TONING, RECOVERY AND PERFORMANCE.\***



10g of Glutamine + Branch Chain Amino Acids



**HYDRO GREENS Blend**  
Seeds + Greens + Hydration



# AMPLIFY®

Dietary Supplement

**25g** Protein  
**10g** Glutamine + BCAAs  
**0g** Added Sugar

Per Serving

# XL



No Amino Spiking!

**PREMIUM PROTEIN BLEND**

DIETARY SUPPLEMENT | NET WT. 2 LBS. (908 G)

NO ADDED SUGAR    GLUTEN FREE    ASPARTAME FREE    NO ARTIFICIAL COLORS    TRANS FAT FREE    NO SOY PROTEIN    PRESERVATIVES FREE    CAFFEINE FREE

## Supplement Facts

Serving Size 37.85 g (1 scoop)    Servings Per Container 24

	Amount Per Serving	%DV**
Calories	140	
Calories from Fat	15	
Total Fat	2 g	3%**
Saturated Fat	0.83 g	3%**
Cholesterol	67 mg	22%**
Total Carbohydrate	7 g	2%**
Dietary Fiber	3 g	12%**
Sugar††	2 g	†
Protein	25 g	50%**
Vitamin A (as Retinyl Palmitate)	500 IU	10%
Vitamin C (as Ascorbic Acid)	15 mg	25%
Vitamin E (as D L-Alpha Acetate)	7.5 IU	25%
Thiamin (as Thiamin HCl)	150 mcg	10%
Riboflavin	170 mcg	10%
Niacin (as Niacinamide/Nicotinamide)	2 mg	10%
Vitamin B6 (as Pyridoxine HCl)	200 mcg	10%
Folate (as Folic Acid)	40 mcg	10%
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	10%
Vitamin B5 (as Pantothenic Acid)	1 mg	10%
Calcium	124 mg	12%
Iron	0.47 mg	3%
Sodium	125 mg	5%

	Amount Per Serving	%DV**
<b>Premium Protein Blend 25 g</b> †		
<b>Quick Release Blend</b>		
Whey Protein Concentrate,		
Whey Protein Isolate,		
Whey Protein Hydrolysate,		
<b>Controlled Release Blend</b>		
Egg Protein		
<b>Hydro Greens Blend 1,250 mg</b> †		
<b>Seed Health Blend</b>		
Flax Seed Powder, Chia ( <i>Savia hispanica</i> ) Seed Powder		
<b>Greens Health Blend</b>		
Coconut ( <i>Cocos nucifera</i> ) Water Powder, Spirulina (Blue Green Algae), Chlorella pyrenoidosa Whole Plant Powder, Wheat Grass ( <i>Triticum aestivum</i> ) Aerial Powder (Gluten Free), Maca ( <i>Lepidium meyenii</i> ) Root Extract 4:1		
<b>Promax™ Enzyme Blend 300 mg</b> †		
Lipase, Protease, Amylase, Bromelain ( <i>Anana comosus</i> ) Stem Extract, Cellulase		

Amino Acids (Approx. Values)	25 g
<b>BCAA + INFUSION</b>	
L-Glutamine Δ	5.00 g
L-Leucine	2.50 g
L-Isoleucine	1.50 g
L-Valine	1.41 g
L-Tryptophan	572 mg
L-Lysine	2.10 g
L-Threonine	1.72 g
L-Phenylalanine	835 mg
L-Methionine	620 mg
L-Histidine	453 mg
L-Tyrosine	739 mg
L-Arginine	572 mg
L-Glycine	453 mg
L-Aspartic Acid	3.29 g
L-Alanine	1.22 g
L-Proline	1.46 g
L-Serine	1.22 g
L-Cystine	716 mg

Manufactured in accordance with current Good Manufacturing Practices (cGMP).



**Other Ingredients:** Fibersol® -2, Natural and Artificial Flavors, Xanthan Gum, Carboxymethylcellulose, Betacarotene (for Color), Salt, Apocarotenol (for Color), Acesulfame Potassium, Soy Lecithin (Emulsifier)

**CONTAINS:** Milk, Egg, Soy, Tree Nut (Coconut) and Wheat products. **This product was produced in a facility that also processes ingredients containing fish, shellfish and peanuts. FREE OF:** ADDED SUGAR, ASPARTAME, GLUTEN, TRANS FATS, YEAST, PRESERVATIVES, ARTIFICIAL COLORS.

ΔDenotes naturally occurring and added free form amino acid. ††Indicates naturally occurring sugar derived from whey protein blend sources.



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For Product Questions:  
PMDsports.com



**MANGO MANIA**  
Natural and Artificial Flavor