Stephen Sinatra, MD

Dr. Sinatra was a pioneer in integrative cardiology and anti-aging medicine whose work led to the development of the Omega Q Plus* supplementsexclusive formulas for heart health and overall vitality.

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications

Keep out of reach of children.

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CalaMarine* is a registered trademark of Pharma Marine AS.

HydroCurc* and LiniSperse* are registered trademarks of Pharmako Biotechnologies Ptv. Ltd.

Hydro Q-Sorb* is a registered trademark of Tishcon Corp.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure. or prevent any disease.



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Dietary Supplement | 90 SOFTGELS

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Gerving Gize. G Gorigeia	Gervings Fer Container. 50		
Amount Per Serving			%
Calories		25	
Total Fat		1.5 g	29
Cholesterol		5 mg	2
Protein		0.5 g	1
Vitamin B6 (as pyridoxine hydrochloride, p	yridoxal-5-phosphate)	30 mg	1,765
Folate	(40)	680 mcg DFE 0 mcg folic acid)	170
Vitamin B12 (as cyanocobalamin)		500 mcg	20,833
Chromium (as Crominex® 3+ chromium st standardized Amla Extract (fruit), Prima standardized Shilajit)		400 mcg	1,143

CalaMarine® Oil Concentrate (from squid)	1.3 g	1
DHA (docosahexaenoic acid)	350 mg	1
EPA (eicosapentaenoic acid)	200 mg	1
Coenzyme Q10 (as ubiquinone)(Hydro Q-Sorb®)	200 mg	ŧ
HydroCurc® (90% Turmeric Extract (rhizome) with 10% LipiSperse® providing 100 mg curcuminoids)	125 mg	1
Trans-Resveratrol	90 ma	

Other ingredients: Gelatin, gamma-cyclodextrin, glycerin, medium chain triglycerides, sunflower lecithin, vellow beeswax, purified water, dicalcium phosphate, annatto (color) suspension in sunflower oil, mixed tocopherols (preservative), silica, lemon oil, microcrystalline cellulose

Distributed by Healthy Directions, Bethesda, MD 20817

* Percent Daily Values are based on a 2,000 calorie diet.

Daily Value (DV) not established