

WOMEN'S MULTI-VITAMIN



SUGGESTED USE

As a dietary supplement, take two caplets daily with food.

WARNINGS

Do not exceed recommended dose. Cancer and Reproductive Harm – www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



CLINICALLY STUDIED MULTIVITAMIN

WOMEN'S MULTI-VITAMIN

20 MG
BEAUTY BLEND
PER SERVING

29 MG
SUPER ANTIOXIDANT
BLEND PER SERVING

15 MG
FRUIT & VEGETABLE
BLEND PER SERVING

23 MG
BRAIN HEALTH
BLEND PER SERVING

NON
GMO

90
CAPLETS

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 2 Caplets Servings Per Container: 45

Amount Per Serving	%Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	200 mg 333%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	500 mg 50%
Iron (as Ferrous Fumarate)	18 mg 100%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	50 mg 13%
Zinc (as Zinc Oxide)	15 mg 100%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Copper Sulfate)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Chromium Chloride)	120 mcg 100%
Molybdenum (as Sodium Molybdate)	75 mcg 100%

Amount Per Serving	%Daily Value
Super Antioxidant Blend	
alpha-Lipoic Acid	25 mg **
Lutemax® 2020 Lutein	2 mg **
Lycopene	1 mg **
Turmeric Root Extract (Curcumin) (Curcuma longa)(Standardized to Curcuminoids)	500 mcg **
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg **
Astaxanthin (from Haematococcus pluvialis)	50 mcg **
beta-Cryptoxanthin	10 mcg **
Fruit & Vegetable Blend	
Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder	15 mg **
Beauty Blend	
Green Tea Leaf Extract (Camellia sinensis)(Standardized to Polyphenols)	14 mg **
Silica (as Silicon Dioxide)	4 mg **
Hyaluronic Acid (as Sodium Hyaluronate)	1 mg **
Grape Seed Extract (Vitis vinifera) (Standardized to Polyphenols)	1 mg **
Brain Health Blend	
Choline (as Choline Bitartrate)	10 mg **
Inositol	10 mg **
Boron (as Sodium Borate)	2 mg **
GABA (gamma-Aminobutyric Acid)	1 mg **
Vanadium (as Sodium Metavanadate)	10 mcg **

**Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Talc, Natural Vanilla Mint Flavor, Chlorophyll, Stevia Leaf Extract. Contains: Fish and Soybeans.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.



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Keep out of the reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.



FORMULATED IN THE USA

