

Recommended Use: Take 3 soft capsules a day, spread over the three main meals.

Store out of the reach of small children. Keep the container tightly closed and store in a cool, dry place. If pregnant, nursing or taking any medications, consult healthcare professional before use.



Best before / Batch:



Made in Spain

Manufactured for: **Asa Distribution Inc.**

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ANA MARIA
LJUSTICIA

**COD LIVER
OIL**

Dietary supplement

Net quantity: 64,89 g
90 soft capsules



Supplement Facts

Serving Size: 3 soft capsules (2163 mg)
Servings per Container: 30

Amount per Serving		% Daily Value
Vitamin A (from cod liver oil)	162 mcg	18
Vitamin D (from cod liver oil)	6.375 mcg	32
Vitamin E (from cod liver oil)	30.15 mg	201
Cod liver oil (fish)	1500 mg	†
Of which omega-3	300 mg	†
Of which docosahexaenoic acid	135 mg	104
Of which eicosapentaenoic acid	120 mg	92

†Daily value not established

Other ingredients: gelatin (soft capsule shell); glycerin (humectant); tocopherols, propyl gallate and ascorbyl palmitate (antioxidants).