

CAFFEINE FREE • GLUTEN FREE • DAIRY FREE • SOY FREE • ALLERGEN FREE • VEGETARIAN FRIENDLY

Supplement Facts

Serving Size 1 Packet (6.2g)
Servings Per Container 24

	Amount Per Serving	%DV*
Calories	15	
Total Carbohydrate	< 4g	< 1%*
Total Sugars	0g	†
Includes 0g Added Sugars		0%*
Vitamin A (as Retinol Palmitate and Beta Carotene)	900mcg	100%
Vitamin C (as Ascorbic Acid)	90mg	100%
Vitamin D (as Cholecalciferol)	60mcg	300%
Vitamin E (as d-alpha-Tocopheryl Succinate)	15mg	100%
Thiamin (Vitamin B1)	1.2mg	100%
Riboflavin (Vitamin B2)	1.3mg	100%
Niacin (as Niacinamide)	16mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride and Pyridoxal-5-Phosphate)	1.7mg	100%
Folate (as L-5-Methyltetrahydrofolate Calcium)	400mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	40mcg	1,667%
Biotin	120mcg	400%
Pantothenic Acid (as Calcium Pantothenate)	5mg	100%
Choline (as Choline Bitartrate)	40mg	7%
Calcium (as Calcium Lactate)	39mg	3%
Iron (as Ferrous Bisglycinate Chelate)	9mg	50%
Iodine (as Potassium Iodide)	150mcg	100%
Magnesium (as Magnesium Citrate)	21mg	5%
Zinc (as Zinc Citrate)	2.5mg	23%
Selenium (as Selenium Glycinate)	30mcg	55%
Copper (as Copper Amino Acid Chelate)	0.3mg	33%
Manganese (as Manganese Citrate)	0.5mg	22%
Chromium (as Chromium Nicotinate Glycinate Chelate)	35mcg	100%
Molybdenum (as Molybdenum Amino Acid Chelate)	45mcg	100%
Sodium (as Sodium Bicarbonate)	300mg	13%
Potassium (as Potassium Bicarbonate)	100mg	2%
Root'd™ Organic Superfood and Root Blend	315mg	†
Organic Beet Root, Organic Turmeric Root		
Organic Chlorella, Organic Kale (leaf), Organic Broccoli (plant), Organic Barley Grass, Organic Oat Grass,		
Root'd™ Probiotic and Digestion Blend	19mg	†
Lactobacillus coagulans MTCC 5856 (60 million CFU), Papaya Fruit		
Lutein (from Marigold)	700mcg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Erythritol (natural sweetener), Citric Acid, Natural Flavors, Xanthan Gum, Silica, Monk Fruit Extract.

Contains: Iron. KEEP OUT OF REACH OF CHILDREN.

DIRECTIONS: Drink 1 packet per day, which will totally count toward your daily water intake (score!).

Root'd absorbs FAST! For sensitive tummies, enjoy Root'd with some food.

Root'd is a sparkling vitamin mix. Mix it your way in water, or have fun and use it as a mocktail mixer with other flavored waters, ginger ales, lemonades, or even smoothies!



Pour



Stir



Love

Formulated and distributed with Love by:

Root'd™
Manhattan Beach, CA 90266
www.rootd.com

Made in the U.S.A.
with domestic and imported ingredients

Δ2% of our profit from your purchase goes to causes for the ocean and the land. We're working to do and give more, and would love you to join us in this movement. Join us, and learn more, at Rootd.com or [@RootdHealth](https://twitter.com/RootdHealth).

Root'd™ HER MULTI

ESSENTIAL NUTRITION + HYDRATION

Root'd to our promises



3rd PARTY TESTED



NO PILL CHOKING



1% TO LAND^Δ



NO SUGAR ADDED



1% TO OCEAN^Δ



NO SYNTHETICS



CAREFULLY SOURCED



MIXES EASY

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Root'd™ HER MULTI

BEAUTY • HYDRATION • ENERGY

9 Superfoods, Probiotics & Enzymes

25 Essential Vitamins & Minerals

3x Electrolytes vs. sports drinks*



24 STICK PACKS
Raspberry Açai
WITH OTHER NATURAL FLAVORS

DIETARY SUPPLEMENT
Net Wt 0.22oz (6.2g) each 5.25oz (148g)

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Root'd™ HER MULTI

ESSENTIAL NUTRITION + HYDRATION

You're Amazing!

Now let's get you nutrients + electrolytes to keep you fortified for whatever life throws at you!*

While traditional "multi's" give you only a select few nutrients, and hydration powders deliver far too much sugar, Root'd **UPGRADES** your routine by infusing essential nutrients, probiotics, organic superfoods, **PLUS** hydrating electrolytes into one ahhh'mazing sugar-free drink mix.



IMMUNE SUPPORT*
Zinc + C + D



ENERGY PRODUCTION*
B-Complex



HYDRATION SUPPORT*
Electrolytes



DIGESTIVE SUPPORT*
Probiotics



CELL SUPPORT*
Choline + B12



HAIR + SKIN*
Biotin

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