

AMPLIFY[®] XL IS A DELICIOUS PROTEIN BLEND THAT CAN BE USED EVERY DAY AND BY EVERY BODY!

SUPPORT FOR: Greater increases in muscle strength, mass, energy, toning, recovery and performance.

DESCRIPTION: Amplify[®] XL offers a premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Delayed release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and delayed-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.

HYDRO GREENS BLEND

Amplify XL is fortified with a seeds and greens health blend to support additional benefits. Coconut helps provide electrolytes and supports rehydration post-workout.*



BIOAVAILABILITY

The protein sources found in Amplify XL rank highest on the biological value scale. Amplify XL comes with a **PURE PROTEIN GUARANTEE** (No Amino Spiking), so you can be confident you are using the highest quality protein in every scoop.*



SUGGESTED USE: Mix 1 heaping scoop of **AMPLIFY[®] XL** to 8 fl. oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, protein powder can experience small fluctuations in density leading to very slight variations in scoop serving size. *To be used as part of a physical conditioning program.*

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

CONSUMER NOTICE: FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or pmdsports.com.

CALIFORNIA RESIDENTS

WARNING: Cancer and Reproductive Harm – www.P65Warnings.ca.gov/Food

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROFESSIONAL MUSCULAR DEVELOPMENT



AMPLIFY XL[®]



PREMIUM PROTEIN

25g
PROTEIN

5g
GLUTAMINE^Δ

5.4g
BCAAS

HYDRO GREENS
Blend

PROMAX[™]
DIGESTIVE BLEND

CINNAMON TOAST

DIETARY SUPPLEMENT | **24 SERVINGS** | NET WT 2 LBS (912 G)

ALL-IN-ONE PREMIUM PROTEIN BLEND FORMULATED FOR RESULTS

COMPLETE PROTEIN FOR ENHANCED ABSORPTION, LEAN MUSCLE AND RECOVERY*

25g
PROTEIN

1.25g
SEEDS AND GREENS HEALTH

300mg
DIGESTIVE ENZYMES

5g
GLUTAMINE^Δ

5.4g
BCAAS

Supplement Facts

Amount Per Serving		%DV	Amount Per Serving		%DV
Calories		140	Premium Protein Blend		25 g †
Total Fat		3 g	Quick Release Blend		
Saturated Fat		1.5 g	Whey Protein Concentrate,		
Cholesterol		75 mg	Whey Protein Isolate,		
Total Carbohydrate		6 g	Whey Protein Hydrolysate		
Dietary Fiber		2 g	Delayed Release Blend		
Total Sugars ^{††}		2 g	Egg Protein		
Protein		25 g	Hydro Greens Blend		1,250 mg (1.25 g) †
Vitamin A (as Retinyl Palmitate)		150 mcg RAE	Seed Health Blend		1,000 mg (1.0 g) †
Vitamin C (Ascorbic Acid)		15 mg	Flax Seed Powder, Chia (<i>Savia hispanica</i>) Seed Powder		
Vitamin E (as DL-Alpha Tocopheryl Acetate)		6.75 mg	Greens Health Blend		250 mg †
Thiamine (as Thiamine HCl)		0.15 mg	Coconut (<i>Cocos nucifera</i>) Water Powder,		
Riboflavin		0.17 mg	Blue Green Algae (<i>Spirulina sp.</i>) Whole Plant,		
Niacin (as Niacinamide/Nicotinamide)		2 mg	Chlorella pyrenoidosa Whole Plant Powder,		
Vitamin B6 (as Pyridoxine HCl)		0.2 mg	Wheat Grass (<i>Triticum aestivum</i>) Aerial Powder (Gluten Free),		
Folate		66 mcg DFE	Maca (<i>Lepidium meyenii</i>) Root		
		(40 mcg Folic Acid)	Promax[™] Digestive Enzyme Blend		300 mg †
Vitamin B12 (as Cyanocobalamin)		0.6 mcg	Lipase, Protease, Amylase, Bromelain (<i>Anana comosus</i>)		
Pantothenic Acid (as Calcium D-Pantothenate)		1 mg	Stem Extract, Cellulase		
Calcium		170 mg			
Iron		0.3 mg			
Sodium		140 mg			
Potassium		180 mg			

Amino Acids (Approx. Values)		25 g
BCAA + INFUSION		
L-Glutamine ^Δ	5 g	
L-Leucine	2.5 g	
L-Isoleucine	1.5 g	
L-Valine	1.4 g	
L-Tryptophan	572 mg	
L-Lysine	2.10 g	
L-Threonine	1.72 g	
L-Phenylalanine	835 mg	
L-Methionine	620 mg	
L-Histidine	453 mg	
L-Tyrosine	739 mg	
L-Arginine	572 mg	
L-Glycine	453 mg	
L-Aspartic Acid	3.29 g	
L-Alanine	1.22 g	
L-Proline	1.46 g	
L-Serine	1.22 g	
L-Cystine	716 mg	

^ΔDenotes naturally occurring and added free form amino acid.
^{††}Indicates naturally occurring sugar derived from whey protein blend sources.

Other Ingredients: Fibersol[®] -2 (Soluble Corn Fiber), Natural Flavors, L-Glutamine, Xanthan Gum, Sodium Carboxymethyl Cellulose, Ground Cinnamon, Soy Lecithin (Emulsifier), Salt, Sucralose, Acesulfame Potassium, Dicalcium Phosphate. **CONTAINS:** Milk, Egg, Soy, Tree Nut (Coconut), Wheat Products. **FREE OF:** Added Sugar, Aspartame, Gluten, Trans Fats, Soy Protein, Yeast, Preservatives, Artificial Colors. **Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:**



5214 South 136th Street \ Omaha, NE 68137 \ For Product Questions: PMDsports.com

New PMD Amplify XL Protein Cinnamon Toast (24 Servings)



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