

**AMPLIFY® XL IS A DELICIOUS PROTEIN BLEND THAT CAN BE USED EVERY DAY AND BY EVERY BODY!**

**SUPPORT FOR:** Greater increases in muscle strength, mass, energy, toning, recovery and performance.

**DESCRIPTION:** Amplify® XL offers a premium blend of quick release whey protein isolate, hydrolysate and concentrate, and is loaded with glutamine and amino acids. Delayed release egg protein facilitates muscle recovery two-three hours post-workout. This combination gives you both an immediate and delayed-release recovery mechanism. It is the ultimate post-workout protein to support protein absorption, muscle recovery, and lean muscle gains.

**HYDRO GREENS BLEND**

Amplify XL is fortified with a seeds and greens health blend to support additional benefits. Coconut helps provide electrolytes and supports rehydration post-workout.\*



**BIOAVAILABILITY**

The protein sources found in Amplify XL rank highest on the biological value scale. Amplify XL comes with a **PURE PROTEIN GUARANTEE** (No Amino Spiking), so you can be confident you are using the highest quality protein in every scoop.\*



**SUGGESTED USE:** Mix 1 heaping scoop of **AMPLIFY® XL** to 8 fl. oz. of cold water, and consume immediately following your workout to maximize recovery and fight fatigue.\* If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, protein powder can experience small fluctuations in density leading to very slight variations in scoop serving size. *To be used as part of a physical conditioning program.*

**WARNING:** If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

**CONSUMER NOTICE:** FitLife Brands can only confirm product purity when our brands are purchased from authorized retailers, GNC, or pmdsports.com.

**CALIFORNIA RESIDENTS**

**WARNING:** Cancer and Reproductive Harm – [www.P65Warnings.ca.gov/Food](http://www.P65Warnings.ca.gov/Food)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**PROFESSIONAL MUSCULAR DEVELOPMENT**



# AMPLIFY XL®



**PREMIUM PROTEIN**

**25g**  
PROTEIN

**5g**  
GLUTAMINE<sup>Δ</sup>

**5.4g**  
BCAAS



**PROMAX™**  
DIGESTIVE BLEND

**STRAWBERRY SLAM** NATURAL AND ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT | **24 SERVINGS** | NET WT 2 LBS (912 G)

**ALL-IN-ONE PREMIUM PROTEIN BLEND FORMULATED FOR RESULTS**

COMPLETE PROTEIN FOR ENHANCED ABSORPTION, LEAN MUSCLE AND RECOVERY\*

**25g**

PROTEIN

**1.25g**

SEEDS AND GREENS HEALTH

**300mg**

DIGESTIVE ENZYMES

**5g**

GLUTAMINE<sup>Δ</sup>

**5.4g**

BCAAS

**Supplement Facts**

Serving Size 1 Scoop (38 g)  
Servings Per Container 24 Servings

	Amount Per Serving	%DV
Calories	140	
Total Fat	3 g	4%**
Saturated Fat	1.5 g	8%**
Cholesterol	75 mg	25%
Total Carbohydrate	6 g	2%**
Dietary Fiber	2 g	7%**
Total Sugars††	2 g	†
Added Sugar	<1 g	1%
Protein	25 g	50%**
Vitamin A (as Retinyl Palmitate)	150 mcg RAE	17%
Vitamin C (Ascorbic Acid)	15 mg	17%
Vitamin E (as DL-Alpha Tocopheryl Acetate)	6.75 mg	45%
Thiamine (as Thiamine HCl)	0.15 mg	13%
Riboflavin	0.17 mg	13%
Niacin (as Niacinamide/Nicotinamide)	2 mg	13%
Vitamin B6 (as Pyridoxine HCl)	0.2 mg	12%
Folate	66 mcg DFE (40 mcg Folic Acid)	17%
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	25%
Pantothenic Acid (as Calcium D-Pantothenate)	1 mg	20%
Calcium	170 mg	13%
Iron	0.3 mg	2%
Sodium	140 mg	6%
Potassium	180 mg	4%

	Amount Per Serving	%DV
<b>Premium Protein Blend</b>	<b>25 g</b>	†
<b>Quick Release Blend</b>		
Whey Protein Concentrate,		
Whey Protein Isolate,		
Whey Protein Hydrolysate		
<b>Delayed Release Blend</b>		
Egg Protein		
<b>Hydro Greens Blend</b>	<b>1,250 mg (1.25 g)</b>	†
<b>Seed Health Blend</b>	<b>1,000 mg (1.0 g)</b>	†
Flax Seed Powder, Chia ( <i>Savia hispanica</i> ) Seed Powder		
<b>Greens Health Blend</b>	<b>250 mg</b>	†
Coconut ( <i>Cocos nucifera</i> ) Water Powder,		
Blue Green Algae ( <i>Spirulina sp.</i> ) Whole Plant,		
<i>Chlorella pyrenoidosa</i> Whole Plant Powder,		
Wheat Grass ( <i>Triticum aestivum</i> ) Aerial Powder (Gluten Free),		
Maca ( <i>Lepidium meyenii</i> ) Root		
<b>Promax™ Digestive Enzyme Blend</b>	<b>300 mg</b>	†
Lipase, Protease, Amylase, Bromelain ( <i>Anana comosus</i> )		
Stem Extract, Cellulase		

Amino Acids (Approx. Values)	25 g
<b>BCAA + INFUSION</b>	
L-Glutamine <sup>Δ</sup>	5 g
L-Leucine	2.5 g
L-Isoleucine	1.5 g
L-Valine	1.4 g
L-Tryptophan	572 mg
L-Lysine	2.10 g
L-Threonine	1.72 g
L-Phenylalanine	835 mg
L-Methionine	620 mg
L-Histidine	453 mg
L-Tyrosine	739 mg
L-Arginine	572 mg
L-Glycine	453 mg
L-Aspartic Acid	3.29 g
L-Alanine	1.22 g
L-Proline	1.46 g
L-Serine	1.22 g
L-Cystine	716 mg

<sup>Δ</sup>Denotes naturally occurring and added free form amino acid.  
††Indicates naturally occurring sugar derived from whey protein blend sources.

**Other Ingredients:** Fibersol® -2 (Soluble Corn Fiber), Natural and Artificial Flavors, L-Glutamine, Xanthan Gum, Sodium Carboxymethyl Cellulose, Soy Lecithin (Emulsifier), Purified Sea Salt, Vegetable Juice Color (Beet Root [*Beta vulgaris*]), Citric Acid, Sucralose, Acesulfame Potassium. **CONTAINS:** Milk, Egg, Soy, Tree Nut (Coconut), Wheat Products. **FREE OF:** Aspartame, Gluten, Trans Fats, Soy Protein, Yeast, Preservatives, Artificial Colors. **Manufactured in accordance with current Good Manufacturing Practices (cGMP) for:**



5214 South 136th Street \ Omaha, NE 68137 \ For Product Questions: [PMDsports.com](http://PMDsports.com)

New PMD Amplify XL Protein Strawberry Slam (24 Servings) X001W3W6N



Share what this #AMPLIFYXL did for you @PMDSPORTS