

No Artificial Flavors, Gluten Free, No Milk.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com

^See carton for related information.



GLUTEN FREE

GNC

# MEGA MEN<sup>®</sup>

Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN BLEND<sup>^</sup>

- Antioxidants
- Heart\*
- Immune Support\*

Timed-Release

180 CAPLETS  
90-DAY SUPPLY



CLINICALLY STUDIED<sup>^</sup>

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CODE 201422

DIRECTIONS: As a dietary supplement, take two caplets daily with food. For maximum benefits, take as directed every day.

## Supplement Facts

Serving Size Two Caplets  
Servings Per Container 90

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg RAE 167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 333%
Vitamin D (as Cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha Tocopheryl Acetate)	20.1 mg 134%
Vitamin K (as Phytonadione)	80 mcg 67%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	.50 mg 4167%
Riboflavin (Vitamin B-2)	.50 mg 3846%
Niacin (as Niacinamide & Niacin)	.50 mg 313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	.50 mg 2941%
Folate	680 mcg DFE 170%
	(Folic Acid 400 mcg)
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%
Biotin	300 mcg 1000%
Pantothenic Acid (as Calcium D-Pantothenate)	.50 mg 1000%
Choline (as Choline Bitartrate)	.10 mg 2%
Calcium (as Calcium Carbonate, Dicalcium Phosphate & Calcium D-Pantothenate)	210 mg 16%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	120 mg 29%
Zinc (as Zinc Oxide)	.25 mg 227%
Selenium (as L-Selenomethionine)	200 mcg 364%

Amount Per Serving	% Daily Value
Copper (as Cupric Sulfate)	2 mg 222%
Manganese (as Manganese Sulfate)	2 mg 87%
Chromium (as Chromium Chloride)	120 mcg 343%
Molybdenum (as Sodium Molybdate)	75 mcg 167%
Fruit & Vegetable Blend	62.5 mg *
Orange Powder, Acai Fruit Powder, Cranberry Powder, Blueberry Fruit Powder, Pomegranate Fruit Powder, Strawberry Powder, Hawthorn Berry Powder, Elderberry Powder, Grape Powder, Tomato Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Pumpkin Seed Powder, Apple Fruit Powder, Beet Root Powder	
alpha-Lipoic Acid	.25 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Saw Palmetto (Serenoa repens) Berry Powder	3 mg *
Pumpkin (Cucurbita pepo) Seed Powder	3 mg *
Boron (as Sodium Borate)	2 mg *
Lutein (as Marigold [Tagetes erecta] Flower Extract)	2 mg *
Lycopene	3 mg *
Zeaxanthin (Zeaxanthin Isomers as Marigold [Tagetes erecta] Flower Extract)	400 mcg *
Astaxanthin (from Haematococcus pluvialis)	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

\* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Stearic Acid, Hydroxypropylcellulose, Polydextrose, Magnesium Stearate and Less than 2%: Acacia Gum, Caramel (Color), Corn Oil, Corn Starch, Gelatin, Glucose Syrup, Gum Arabic, Maltodextrin, Medium Chain Triglycerides, Mixed Tocopherols, Modified Starch, Natural Vanilla Flavor, Sodium Ascorbate, Starch, Stevia Leaf Extract, Sugar, Titanium Dioxide (Mineral Whitener), Tricalcium Phosphate, Vegetable Oil.

Distributed by: GNC Holdings, LLC, Pittsburgh, PA 15222 USA

Contains a bioengineered food ingredient.

**▲ WARNING:** Cancer and Reproductive Harm — www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, nursing, taking medication or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.



1

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